

SUMMER 2016

# • ACTIVITY GUIDE



CELEBRATING  
**50**  
Years

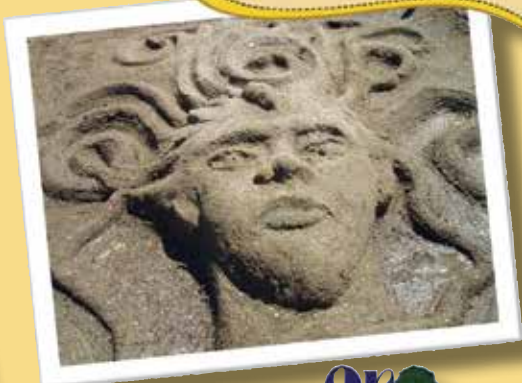


1966

## *Sand Castle and Sculpture Contest*

2016

**JUNE 11**  
See page 5



Sponsored By:



East Bay  
Regional Park District



Bayview  
Women's  
Club



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**ARPD Office: 510-747-PLAY**  
**Monday – Friday**  
**8:30am – 5:30pm**



## EASY REFERENCE CALENDAR

March 21	Summer 2016 Registration Begins!
March 25	T.G.I.F. Non-School Day Program
March 28 – April 1	Spring Vacation Camp at Harrison Center
March 28 - April 1	Junior Warrior Basketball Camp at Alameda Point
April 6 – June 15	Family Open Gym at Alameda Boys & Girls Club from 6:30 – 8:30 pm
April 9 – May 7	Spring Swim Lessons at Emma Hood Swim Center
April 11	Spring Adult Softball League Begins
April 23	Earth Day Festival at Washington Park
May 6	Free Concert by Alameda Community Choral at Kofman Auditorium: 7:30 pm
May 7 & 8	Spring Festival, Park Street: 10 am – 6 pm
May 31	Free Concert by Alameda Community Band at Kofman Auditorium: 7:30 pm
June 9	"Silver Foxes and White Knight" Spring Dance – Mastick Social Hall: 1:00 – 3:30 pm
June 10	Concert in the Cove, Crab Cove: 5:30 – 7:30 pm
June 11	50th Annual Sand Castle and Sand Sculpture Contest, Robert Crown Memorial State Beach Park: Registration and Building from 9:00 – 11 am, Awards 1:00 pm
June 20	Summer Programs BEGIN! Let the fun BEGIN!
June 24	Starlight Movie in the Park, Multi-Purpose Field: 6:30 – 10:30 pm
July 4	Alameda 4th of July R.A.C.E.: Start on Park Street at 9 am
July 4	Mayor's 4th of July Parade: Start on Lincoln Ave. at 10 am
July 8	Concert in the Cove, Crab Cove: 5:30 pm – 7:30 pm
July 22	Starlight Movie in the Park, Multi-Purpose Field: 6:30 – 10:30 pm
July 30 & 31	Art & Wine Faire, Park Street: 10 am – 6 pm
August 12	Concert in the Cove, Crab Cove: 5:30 pm – 7:30 pm
August 12-14	62nd Annual Swim Championships – Encinal Swim Center
August 17	Summer Programs End!

## ARPD Program Staff

### Christina Bailey

Pre-K and Youth  
510-747-7554  
cbailey@alamedaca.gov

### Ed Kallas

Senior Programs, Travel  
510-747-7511  
ekallas@alamedaca.gov

### Dennis McDaniels

Adult and Youth Athletics,  
Aquatics  
510-747-7586  
dmcdaniels@alamedaca.gov

### Katherine Sirota

Park & Facility Rentals  
510-747-7576  
ksirota@alamedaca.gov

### Shawn Smith

Teens, Classes, Special Needs  
510-747-7555  
sdsmith@alamedaca.gov

## ARPD Contact

### Web

[www.alamedaca.gov/recreation](http://www.alamedaca.gov/recreation)

### Online Registration

[www.arpdeplay.com](http://www.arpdeplay.com)

### Email

[arpd@alamedaca.gov](mailto:arpd@alamedaca.gov)

### Facebook

playARPD on Facebook

### Phone

510-747-PLAY

### Fax

510-523-4071

### Hours

Monday – Friday: 8:30am – 5:30pm

### Park & Facility Issues

– After Hours : 747-7542

### Field Condition Hotline

– After 2pm: 747-7540

### Mastick Senior Center

747-7500

### Parks & Facilities

See page 28-29



## Alameda Youth Committee (AYC)

Meets most 1<sup>ST</sup> and 3<sup>RD</sup> Wednesday at 4:00 p.m. Schedule available for grades 6-12. Veteran's Building, 2203 Central Ave., Rm. 390.

## Come One, Come All – Summer has arrived at ARPD!

Take an opportunity and sign-up for Day Camp, an enrichment class, swimming lessons, a sports camp, a field trip, Park league baseball, a senior trip, an adventure camp and so much more!

Enjoy the many community events that are planned this summer in Alameda, BUT most of all, get outside and enjoy the outdoors – Parks Make Life Better!

**Attention Attention**  
Our office hours are  
Monday through Friday  
8:30 am to 5:30 pm

## Alameda City Council

<b>Trish Herrera Spencer</b>	Mayor
<b>Frank Matarrese</b>	Vice Mayor
<b>Tony Daysog</b>	Councilmember
<b>Marilyn Ezy Ashcraft</b>	Councilmember
<b>Jim Oddie</b>	Councilmember

## Recreation and Parks Commission

<b>Ruben Tilos</b>	Chair
<b>Bill Delaney</b>	Vice-Chair
<b>Ron Limoges</b>	Member
<b>Mario Mariani</b>	Member
<b>Adam Trujillo</b>	Member

## ARPD Staff

<b>Jill Keimach</b>	City Manager
<b>Amy Wooldridge</b>	ARPD Director
<b>Jackie Krause</b>	Senior Services Manager
<b>John McDonald</b>	Parks Manager
<b>Patrick Russi</b>	Recreation Manager
<b>Christina Bailey</b>	Recreation Specialist
<b>Edward Kallas</b>	Recreation Specialist
<b>Dennis McDaniels</b>	Recreation Specialist
<b>Shawn Smith</b>	Recreation Specialist
<b>Nora Pon</b>	Senior Clerk
<b>Katherine Sirota</b>	Administration
<b>Amy Vales</b>	Accounting Technician

## Mastick Senior Center Advisory Board

Meets 3<sup>RD</sup> Wednesday at 9:30 a.m.  
Mastick Senior Center  
1155 Santa Clara Ave., Room D

## Golf Commission

Meets 2<sup>ND</sup> Tuesday at 6:30 p.m. every other month (Jan, Mar, May, July, Sept, Nov.) at City Hall, 3rd Floor, Room 360, 2263 Santa Clara Ave., Alameda

## Recreation and Parks Commission

Meets every 2<sup>ND</sup> Thursday at 7:00 p.m. at City Hall, Council Chambers 2263 Santa Clara Ave., Alameda  
Everyone welcome. Also televised live on Alameda Cable TV Ch. 15.

## CITY DEPARTMENT PHONE LIST

Emergency (Life or Property at Risk)	911
City Information	747-7400
City Attorney	747-4750
City Clerk & City Council	747-4800
City Manager's Office	747-4700
Alameda Municipal Power (AMP)	748-3901
Community Development	747-6850
Building	747-6800
Economic Development	747-4880
Finance	747-4881
Fire (Non-Emergency only)	337-2100
Chuck Corica Golf Complex	747-7800
Housing Authority	747-4300
Human Resources	747-4900
Job Opportunity Website	<a href="http://www.alamedaca.gov/humanresources">www.alamedaca.gov/humanresources</a>
Library	747-7777
Police (Non-Emergency only)	337-8340
TEL-A-COP Hotline	835-2267
Animal Shelter	337-8565
Animal Control	522-2423
Public Works	749-5840



## COMMUNITY RESOURCES

AC Transit	<a href="http://www.actransit.org">www.actransit.org</a>
Alameda Adult School	<a href="http://www.alameda-adult-school.org">www.alameda-adult-school.org</a>
Alameda Boys & Girls Club	<a href="http://www.alamedabgc.org">www.alamedabgc.org</a>
Alameda Career Center	<a href="http://www.alameda.peralta.edu/one-stop-career-center">www.alameda.peralta.edu/one-stop-career-center</a>
Alameda Education Foundation	<a href="http://www.alamedaeducationfoundation.org">www.alamedaeducationfoundation.org</a>
Alameda Family Childcare Association	521-3997
Alameda Family Services	<a href="http://www.xanthos.org">www.xanthos.org</a>
Alameda Family Services – Headstart	<a href="http://www.alamedafs.org">www.alamedafs.org</a>
Alameda Food Bank	<a href="http://www.alamedafoodbank.org">www.alamedafoodbank.org</a>
Alameda Girls Softball	<a href="http://www.alamedagsa.com">www.alamedagsa.com</a>
Alameda Historical Museum	<a href="http://www.alamedamuseum.org">www.alamedamuseum.org</a>
Alameda Hospital	<a href="http://www.alamedaahs.org">www.alamedaahs.org</a>
Alameda Meals on Wheels	<a href="http://www.alamedamealsonwheels.org">www.alamedamealsonwheels.org</a> (865-6131)
Alameda Unified School District	<a href="http://www.alameda.k12.ca.us">www.alameda.k12.ca.us</a>
Alameda Youth Collaborative	<a href="http://www.alamedayouth.com">www.alamedayouth.com</a>
American Red Cross	<a href="http://www.redcross.org">www.redcross.org</a>
BANANAS	<a href="http://www.bananasbunch.org">www.bananasbunch.org</a>
Building Futures with Women and Children	<a href="http://www.bfwc.org">www.bfwc.org</a>
Chamber of Commerce	<a href="http://www.alamedachamber.com">www.alamedachamber.com</a>
College of Alameda	<a href="http://www.alameda.peralta.edu">www.alameda.peralta.edu</a>
Crab Cove Visitors Center	<a href="http://www.ebparks.org/parks/vc/crab_cove">www.ebparks.org/parks/vc/crab_cove</a>
East Bay Paratransit	<a href="http://www.eastbayparatransit.org">www.eastbayparatransit.org</a>
East Bay Regional Park District	<a href="http://www.ebparks.org">www.ebparks.org</a>
Friends of the Parks Foundation	<a href="http://www.alamedaparks.org">www.alamedaparks.org</a>
Girls Inc. of the Island City	<a href="http://www.girlsincislandcity.org">www.girlsincislandcity.org</a>
Rhythmix Cultural Center	<a href="http://www.rhythmix.org">www.rhythmix.org</a>
Special Olympics (Alameda)	<a href="http://www.sonc.org/sports/county/alameda">www.sonc.org/sports/county/alameda</a>
USS Hornet Foundation Museum	<a href="http://www.uss-hornet.org">www.uss-hornet.org</a>
State Park Info and Reservations	<a href="http://www.parks.ca.gov">www.parks.ca.gov</a>

## COMMUNITY SPORTS

Aeromanics - Aeronuts	<a href="http://www.aeromaniacs.com">www.aeromaniacs.com</a>
Alameda Attack Lacrosse	<a href="http://www.alamedalacrosse.com">www.alamedalacrosse.com</a>
Alameda Babe Ruth	<a href="http://www.alamedababeruth.com">www.alamedababeruth.com</a>
Alameda Alligators	<a href="http://www.alameda-alga.com">www.alameda-alga.com</a>
Alameda Girls Softball	<a href="http://www.alamedagsa.com">www.alamedagsa.com</a>
Alameda Islanders	<a href="http://www.alamedaislanders.org">www.alamedaislanders.org</a>
Alameda Little League	<a href="http://www.eteamz.com/alamedalittleleague">www.eteamz.com/alamedalittleleague</a>
Alameda Pirates Football	<a href="http://www.thealamedapirates.org">www.thealamedapirates.org</a>
Alameda Soccer Club	<a href="http://www.alamedasoccer.org">www.alamedasoccer.org</a>
Alameda Swimming Pool Association	<a href="http://www.alameda-swimming.com">www.alameda-swimming.com</a>
Alameda Wolverines	<a href="http://www.alamedafootball.com">www.alamedafootball.com</a>
Alameda Youth Basketball	<a href="http://www.alamedayouthbasketball.com">www.alamedayouthbasketball.com</a>
Artemis Rowing	<a href="http://www.artemisrowingclub.org">www.artemisrowingclub.org</a>
California Rowing Club	<a href="http://www.californiarowingclub.com">www.californiarowingclub.com</a>
Chuck Corica Golf Complex	<a href="http://www.alamedagolf.com">www.alamedagolf.com</a>
Special Olympics (Alameda)	<a href="http://www.sonc.org/sports/county/alameda">www.sonc.org/sports/county/alameda</a>

## EVENTS

### Earth Day Festival

**Saturday, Apr. 23, 10:00 a.m. – 3:00 p.m.**

#### Washington Park

Come celebrate the planet with us at Alameda's Earth Day Festival! As part of celebration, it is our goal to present simple lifestyle changes to help the environment. This year's theme is "Lighten Up, Make Healthy Choices" Learn ways you can improve your world you live in. Come enjoy the children's entertainment, vendor exhibits, Boy Scouts and Girl Scouts re-use crafts, and Bike Rodeo & Skateboard Demonstration. Play Earth Day games and learn about building a clean, healthy, sustainable world for generations to come.

Get involved with the Earth Day Beach Clean-Up – Registration is required: (888) 327-2757 or online at [www.ebparksonline.org](http://www.ebparksonline.org)

### Alameda Community Chorus Performance

**FREE**

**Friday, May 6, 7:30 p.m.**

**Kofman Auditorium, 2200 Central Avenue**

### Alameda Community Band Performance

**FREE**

**Friday, May 31, 7:30 p.m.**

**Kofman Auditorium, 2200 Central Avenue**

### 50th Annual Sand Castle & Sand Sculpture Contest

**FREE**

**Saturday, June 11**

**Registration 9:00 a.m. to 11:00 a.m.**

**Judging begins at 12:00 p.m.**

**Awards Ceremony at 1:00 p.m.**

#### Robert Crown Memorial State Beach Park

Start your creative juices flowing and get ready to bring your shovel and buckets to the beach to create a unique piece of art at the Sand Castle Contest. This FREE event is a fabulous family fun activity to either participate in or just come down to watch all of the action. The Contest is co-sponsored by the Bayview Women's Club, East Bay Regional Park District, Alameda Youth Committee, and ARPD.





# COMMUNITY - EVENTS

## Starlight Movies in the Park **FREE**

Free Starlight Movies in the Park will again take place this summer for families to enjoy. The event starts at 6:30 p.m. with pre-show festivities of games and crafts for kids. The featured movie begins at approximately 8:15 p.m., depending on darkness. Snacks and food are available and proceeds support the Teen Program. Bring your own chairs and blankets and enjoy a film under the stars.

### **The Smurfs**

Friday, June 24, 6:30 – 10:30 p.m., Multi-Purpose Field

### **Aladdin**

Friday, July 22, 6:30 – 10:30 p.m., Multi-Purpose Field

### **Inside Out**

Friday, September 9, 6:30 – 10:30 p.m., Leydecker Field



## 62nd Annual Swim Championships

**Friday, Aug. 12 through Sunday, Aug. 14**

**Encinal Swim Center, 230 Central Avenue at 3rd St.**

The 2016 City of Alameda Swim Championships is sponsored by ARPD in cooperation with the Ala-Gator and Alameda Island Aquatics Swim teams. This Meet is organized and run by dedicated volunteers, parents, coaches and friends for the sole enjoyment of their children and to foster their continued interest in swimming. All participants must be Alameda residents to participate. All swimmers except those in the novice division must have their current USS Swimming registration. Masters swimming events are held Friday evening. Entries are available at Emma Hood and Encinal Swim Centers starting July 11. Entries close July 22.

## 103rd Annual Alameda City Tennis Tournament

**Friday, Sept. 9 through Sunday, Sept. 11**

**Fairfield Tennis Courts at Lower Washington Park and Harbor Bay Club**

The tradition continues as the Alameda Recreation and Park Department in coordination with Harbor Bay Club present the oldest continuous sporting event in the city. The tournament is open to all adults. Men's and women's divisions as well as doubles and mixed doubles in the following classes: 3.5, 4.0, and 4.5. Entries are available at Fairfield, Krusi, and Leydecker tennis courts, online and in the ARPD office, and at the Harbor Bay Club starting July 11. Entries close September 2. \$25 singles, \$40 doubles.

## The Most Enjoyable Day You'll Have All Year!

**The fourth annual "Play for the Parks" Golf Tournament will be held in September 19 at 12:00 Noon at the Chuck Corica Golf Complex!**

A day of friendship, laughs and golf, with a dinner and auction afterwards. It has been called the "most enjoyable golf outing of the year" and promises to match that opinion again this year! Get all the details and registration form at [www.alamedaparks.org](http://www.alamedaparks.org). The \$95 Registration Fee includes golf, cart, cart bag with goodies and dinner! Best deal in town!

### **Sponsored by the**

**Alameda Friends Of The Parks Foundation**

Board Members: Jean Brennan, Tony Corica, Bill Delaney, Gina Jaber, Ken Miller, Joe Restagno, Lena Tam; Advisory Member: Mario Mariani, Anna Elephant.

A Non-Profit 501 (C) (3) organization





## BICYCLE SAFETY

### Education Classes for All Ages:

Learn how to safely ride your bicycle, be more comfortable bicycling with your whole family, or learn how to ride a bicycle no matter what your age. Bike East Bay provides bicycle education classes throughout the East Bay, including in Alameda and nearby Oakland. Classes are free and offered all year. Pre-registration is recommended.

**Find all classes and descriptions online at [BikeEastBay.org/education](http://BikeEastBay.org/education) or by phone at 510-845-7433, ext 2.**

## BIKE FOR THE PARKS

### Inaugural Community Bike Ride

Come on out and join family, friends and fellow residents of all ages as they participate in the very first "Bike for the Parks."

**Save the date: Saturday, October 15, 2016**

**All ages are welcome.**

Ride around the edges of Alameda Island and capture some of the best views in the Bay Area! This is not a bike race, but rather, a bike fun ride.

### Registration:

- Early Registration is only \$30 (Before September 1)
- Standard Registration is \$45 (After Sept. 1 and at the event)

Visit [www.alamedaparks.org](http://www.alamedaparks.org) over the Spring and Summer months for registration information

### Partners in this Alameda Community Event:

- Alameda Friends of the Parks Foundation
- Alameda Bicycle
- Alameda Police Department
- Rotary Club of Alameda
- Alameda Recreation and Park Department
- Team Alameda

### Major Sponsors:

- Bay Ship
- Catellus
- SRM-ERNST
- Tri-Pointe Homes

## RECYCLING



### Packing a Zero Waste Picnic

The recent arrival of Recycling and Organics containers in our favorite parks is cause for celebration – and cause for more thoughtful picnic planning! Like with most things, planning ahead is the key to a fun and waste-free picnic.



### Here's a few Zero Waste tips to get you on your way:

- Planning for finger foods, or using compostable paper wrappers (on sandwiches or cupcakes) trims picnic waste down to almost Zero.
- Most fruit has its own packaging – like an orange peel – and helps keep waste to a minimum. That peel is compostable!
- While reusable plates and cups are best, paper plates and cups are compostable.
- Reusable plastic tubs and jars are perfect for picnic salads and sandwiches.
- Cans and bottles are recyclable, as most of us already know, but were you aware that plastic utensils are not recyclable? Disposable utensils are trash, and should be avoided if possible.
- Pack colorful and healthy salads in large Mason jars. Don't forget a couple of helpful reusable serving spoons.
- If you bring a stack of pizzas to your large picnic, remember that those boxes are entirely compostable. And the paper napkins!
- Bonus ZW points: Create a reusable picnic kit that is ready-to-go for any occasion. Include metal utensils, sturdy and reusable plastic cups, a cloth tablecloth (or an attractive sheet), and a washable set of cloth napkins. Store it all in a see-through plastic bin or the ever-attractive picnic basket.



**Looking forward to seeing your picnic planning ideas this summer! Questions about waste-free picnic planning, or any other waste-reduction efforts? Call Public Works at 510-747-7930.**



# COMMUNITY - ALAMEDA WALKS & MUSEUM

## ALAMEDA WALKS - 2016

All walks begin at 9 a.m. and last approximately one hour. Where walks are longer, it will be noted and new walks are indicated. Look for the red Alameda Walks hats! While we love the furry pets, we prefer that they wait for you at home.

### May 7 Gold Coast Architecture

Meet at the Franklin Park, 1432 San Antonio Ave in front of recreation building. This walk will discuss the Gold Coast architecture with Julia Morgan and more. Dennis Evanosky and Eric Kos will lead this walk.

*Note: walk lasts 1 hour 15 minutes*

**NEW**

### May 14 Bay Farm Lagoon & Egret Nesting Walk

Meet at the Harbor Bay Community Center parking lot, 3195 Mecartney Road. This walk will begin with exploring the Egret nesting community and then meander through the lagoons at Harbor Bay to the Bay front.



## SPECIAL ALAMEDA WALK!

### May 21 Waterways Walk

Meet at the small park on the grass behind Pet Food Express (2661 Blanding Avenue Ste. F Alameda) next to the Fruitvale Bridge. This walk will circle the Estuary from the Fruitvale to Park St. Bridge and back. EBRPD will talk about wildlife including the endangered peregrine falcons that nest nearby and tides, sea level rise and climate change. This would be a prelude to a collaborative program with Rhythmix Cultural Center on Sat. and Sun. from 10:30am-3pm.

### June 4 Harbor Bay Business Parkway

Meet at Harbor Bay Ferry Terminal Parking Lot, 299 Adelpian Way (94502). This walk will explore the scenic views of the San Francisco Bay and learn about the businesses and their expansion of the Harbor Bay Business Parkway. Don't miss out to learn about VF Outdoors, Peets, Donsumor, etc.

### June 11 Webster Street/Crab Cove/Sand Castle Contest

Meet at the tennis courts, Lower Washington Park (entrance on 8th Street). The walk will end with the opportunity to check out the building of the sand castle and sand sculptures and to celebrate the 50th Anniversary of the Contest.

### July 2 Cohen's Investment

Meet at Jackson Park, 2430 Encinal Ave in front of the green bandstand. This walk will focus on one of Alameda's early resident, Alfred A. Cohen, attorney to the Central Pacific Railroad and his influence on Alameda. Dennis Evanosky and Eric Kos will lead this walk.

*Note: walk lasts 1 hour 15 minutes*

**UPDATED**

### July 9 EBRPD Guided Shoreline Walk

Meet At Crab Cove Visitor Center, 1252 McKay Ave. This walk will explore Crab Cove to Crown Beach. Walk along the Bay Trail from Crab Cove to Grand Avenue and back with stops at the pond and along the beach to view wildlife and discuss the history of our shoreline.

**NEW**

### August 6 Alameda Hospital Tour, Leonardville (Old South Shore) and Meyers House

Meet at new Alameda Hospital entrance inside parking lot, 2070 Clinton Ave. This walk will begin with a brief tour of Alameda Hospital and then explore Old South Shore and local famous architecture of Alameda

### August 13 Uplands of Bay Farm

Meet at Godfrey Park, 281 Beach Road BFI (94502) in front of recreation building. This revised walk will focus on the farm lands that once dominated Bay Farm Island and its history. Dennis Evanosky and Eric Kos will lead this walk.

*Note: walk lasts 1 hour 15 minutes*

**UPDATED**

## MEYERS MUSEUM



### Meyers House & Garden Museum

2021 Alameda Avenue, Alameda  
(510) 521-1233

Owned and operated by Alameda Museum.  
Docent lead tours the **2nd and 4th Saturday**  
of each month from **1:00 p.m. to 4:00 p.m.**

No tours after 3:00 p.m.

Admission \$5 per person with all proceeds  
to benefit restoration of the house and garden.  
Residence, 3-car garage, carriage, house gallery and  
architects studio are fully furnished and can be viewed.



## LIBRARY

### Hours and Locations

**Main Library:** 1550 Oak Street, 510-747-7707

- Mon-Tues: 12:00pm-8:00p.m.
- Wed: 10:00am-8:00pm
- Thurs-Sat: 10:00am-5:00pm
- Sun: 1:00pm-5:00pm

**West End Library:** 788 Santa Clara Ave, 510-747-7767

- Mon: 12:00pm-8:00pm
- Wed: 10:00am-6:00pm
- Thurs & Sat: 10:00am-5:00pm

**Bay Farm Island Library:** 3221 Mecartney Rd, 510-747-7787

- Mon: 10:00am-6:00pm
- Tues: 12:00pm-8:00pm
- Thurs & Sat: 10:00am-5:00pm

**Alameda Reads Adult Literacy Service:**

2203 Central Ave, 510-865-2454

- Call for appointment

### Adult/Teens

#### Regular monthly activities:

- Adults: (at the Main Library unless otherwise noted)
- Open Computer Lab: Sundays 1-5 pm, Tuesdays 1-4 and 5-8 pm, Wednesdays 1-4 pm, Fridays 10 am -2 pm
  - Computer Classes: Wednesdays 6-7:30 pm
  - Film series: usually the first Monday of the month, once per month. 5:30 pm.
  - AFL Writers Group: 2nd Sat. of the month 12:30-4:30 pm
  - Lawyers in the Library:  
Main, 1st Wed. of the month, sign-ups start at 5:30 pm  
West End, 3rd Mon. of the month, sign-ups start at 5:30 pm
  - Notary Public: 1st Tue. of the month, sign-ups start at 5:30 pm
  - Check Yo'Shelf Book Club - YA books for Adults, 3rd Tuesday of the month, 7 pm
  - Cup of Coffee and a Good Book: Bay Farm Island, 3rd Wednesday of the month 1:15 pm

#### Special events:

- May 11th, The Library Talks with Patrick Rothfuss 6:30 pm
- May 15th, Libraries Outside celebratory potluck picnic, Upper Washington Park, 12-3 pm
- June 4th, Libraries Outside participates in National Trails Day. Location/time TBD



## Children

### Regular Monthly Activities:

#### Storytimes:

- Mama Goose (ages 1-3)  
Main Library, Saturdays, 10:00am
- Peter Rabbit (ages 3-5):  
West End, Wednesdays 10:30am  
Main Library, Thursdays, 10:00am and 11:00am
- School-age Storytime (ages 5-8):  
Main Library, Wednesdays, 3:30pm
- Family Storytime (all ages):  
Bay Farm Island Library, Tuesdays, 7:00pm
- Paws to Read:  
Main Library, Mondays, 3:45pm, call for reservations
- Craft Days:  
Bay Farm Island Library, 1st Thur. of the month, 3:30pm  
West End Library, 2nd Thur. of the month, 3:30pm  
Main Library, 3rd Saturday of the month at the, 2:00pm
- We Love LEGOs:  
Main Library, 2nd Saturday of the month, 2:00pm  
Bay Farm Island Library, 3rd Thur. of the month, 3:30pm  
West End Library, 4th Thursday of the month at the, 3:30pm
- First Friday Family Film: Main Library, 1st Friday of every month, 7pm. Call for show titles.
- Family Game Day: Main Library, last Sat. of the month, 2:00pm

### Special Events:

Summer Reading begins **June 18th with our Family Fun Day event**, a full day of crafts, games, stories, and a surprise guest! This year's theme is Read for the Win! Sign up to read for prizes at any of our three branches and visit our website or Facebook page for information on all the great programs we have scheduled to help keep kids motivated and reading all summer long.



# TOTS - PLAYGROUP & PRESCHOOL

## PLAY GROUP

### Alameda Wee Play

**Ages 6 month - 3 years**

Come and experience Alameda's play center for infants and toddlers ages 6 months to 3 years! Activities include developmental and exploratory play, music time, and coloring. Activities are minimally structured which allows children to enjoy and explore on their own terms. Children must be accompanied and supervised, by a parent or caregiver, at all times.

<b>Mon, Wed &amp; Fri*</b>	<b>10:00a.m. - 1:00p.m.</b>
Cost: \$6 Drop-in per day per child	or \$60 Drop-in Card for 12 visits
Location: Alameda Veteran's Memorial Building, 2203 Central Avenue	
(Closed on May 30, September 5)	
Volunteer to set-up or clean-up, certain number per day, and receive free entrance for that day!	



## PRESCHOOL

### Tiny Tots & Small Frys

**Ages 3 - 5**

The Alameda Recreation and Park's Preschool offers a recreation, play-based program for children ages 3 to 5 years old (pre-Kindergartners entering Kindergarten the following fall).

We work closely with Alameda Co. First Five program and follow their 4 Basic building blocks of school readiness: Self-Care & Motor Skills, Self-Regulation & Social Expression and finally K-Academics. A good foundation on the lower tiers will lead to a better understanding of K-Academics when the child reaches Kindergarten.

Our activities include storytelling, games, arts and crafts, cooking, music, motor fitness which will all aid in the development of the lower tiers and preparing for Kindergarten.

### 2016 FALL SMALL FRY & TINY TOTS LOTTERY REGISTRATION & POLICY

It is our goal for every child to have an equal opportunity to participate in our popular Tiny Tot/Small Fry program.

Forms and flyers are available at ARPD or on our website: [www.alamedaca.gov/recreation](http://www.alamedaca.gov/recreation). Online registration is not available for Small Frys and Tiny Tots classes.

**Lottery starts on Wednesday, June 1st and ends on Wednesday, June 29th**

Mail, e-mail or drop off the following:

- Completed registration form (all fields must be completed)
- Payment by check (made to ARPD); Visa, MasterCard or Discover. DO NOT SEND CASH
- Child's proof of age (required for new & returning students)

Alameda Recreation and Park Department  
2226 Santa Clara Avenue, Alameda, CA 94501

Faxes are not accepted. ARPD is not responsible for lost or misdirected mail or email. Incomplete registrations will delay processing. A receipt confirming your child's enrollment will be mailed to you no later than July 15, 2016.

#### PROCESSING DATES:

- All forms will be processed starting Friday, July 1, 2016.
- We are not responsible for any forms lost in the mail.
- Any forms received early before June 1st will be processed on Tuesday, July 5, 2016.
- Open registration begins Wednesday, July 6, 2016 for any remaining spaces.

**If you have any questions, please contact Adele Hope at (510) 747-7553 or [ahope@alamedaca.gov](mailto:ahope@alamedaca.gov)**





## SUMMER PROGRAMS

### Summer Programs for 3 years to Pre-Kindergarten

#### In order to be enrolled, your child must:

- Be ready to separate from parent (and parent from child)
- Be willing to participate in the program without parent being present
- Be out of diapers/pull ups
- Able to tend to their personal needs
- Meet the age requirement by the first day of class

### Introduction to Small Fry 6 week program

#### 3 years - 3 years 11 months

This class is designed to help your child develop his/her social, emotional and self-help skills through play base activities. Recommended for any 3 year old who have not been in any pre-school setting or plan on attending ARPD Small Fry Class in the Fall 2016.

<b>Location: Littlejohn Center</b>	<b>9:00a.m. to 12 noon</b>
Monday, Wednesday, Friday	June 20 - July 29 No class on the 4th of July
Cost: \$340 per person	Class # 16714

### Pre-Kindergarten Readiness 6 week program

#### Child must be entering Kindergarten in Fall 2016

The class is designed as a supplement for the pre-school student, about to enter Kindergarten. We will work on social and emotional skills along with their numbers and letters. If your child has had no pre-school experience, this class will help them prepare for Kindergarten. They will learn songs, stories, and rhymes all to help their phonetic awareness. Other activities include arts and crafts, motor fitness, and outdoor games.

<b>Location: Leydecker Center</b>	<b>9:00a.m. to 12 noon</b>
Monday, Wednesday, Friday	June 20 - July 29 No class on the 4th of July
Cost: \$340 per person	Class # 16715

### Small Fry Rembrandts Art Camp 3 years - 3 years 11 months

Come and experience the fun of working with your hands and imagination. Explore the fun of painting with your hands and feet. You will be using various different mediums in this class from plaster to paint. All art projects are age appropriate.

<b>Location: Littlejohn Center</b>	<b>9:00a.m. to 12 noon</b>
Tuesday & Thursday	July 5 - July 28
Cost: \$170 per person	Class # 16716

### Exploring Art Camp

#### 4 - 5 years, Pre-Kindergarten

This camp allows your child to work with a variety of different mediums while developing his/her own creativity and developing his/her fine motor skills.

All art projects are age appropriate.

<b>Location: Leydecker Center</b>	<b>9:00a.m. to 12 noon</b>
Tuesday & Thursday	July 5 - July 28
Cost: \$170 per person	Class # 16717

### Tot Chef

#### 4 - 5 years, Pre-Kindergarten

Learn basic math, science and social skills through the world of Tot Chef. Children will learn the proper use and safety skills needed for working in the kitchen. A cookbook will go home at the end of the week with the recipes they made that week. This class is not recommended for children with severe food allergies. \$5 supply fee to instructor on the first day of class.

<b>Location: Woodstock Park</b>	<b>1:30p.m. to 3p.m.</b>
Monday through Friday	July 11 - July 15 (5 classes)
Cost: \$60 per person	Class # 16718

### Skyhawks Tot Track & Field

#### 3 - 5 years

Skyhawks Tot Track & Field was designed to give children a positive introduction to everything Track & Field has to offer. Using our progressional curriculum and modified equipment, participants learn Track & Field fundamentals and social skills through a series of fast-paced instructional circuits and developmental games. Our primary development objectives include throwing (javelin, shot-put, discus), jumping (hurdles, long-jump), running (short distance, long distance, relay-races), stretches & cool-down techniques, balance, body movement, self-esteem, teamwork, and sportsmanship!

<b>Location: Longfellow Park</b>	<b>3:00p.m. to 3:45p.m.</b>
Wednesdays	June 29 - July 27 (5 classes)
Cost: \$75	Class # 16942

### Skyhawks Tot Baseball

#### 3 - 5 years

Skyhawks Tot Basketball was designed to give children a positive first step to the exciting game of Basketball. Using our progressional curriculum and modified equipment, participants learn Basketball fundamentals and social skills through a series of fast-paced instructional circuits and developmental games. Our primary development objectives include dribbling, passing, shooting, rebounding, balance, body movement, hand/eye coordination, self-esteem, teamwork, and sportsmanship!

<b>Location: Longfellow Park</b>	<b>4:00p.m. to 4:45p.m.</b>
Wednesdays	June 29 - July 27 (5 classes)
Cost: \$75	Class # 16941

## TOTS - CAMPS

### Tadpole Camp

**Ages 3 to 5 years (pre-kindergarten)**

Tadpole Camp is a combination of regular Tenderfoot Day Camp activities with a 45-minute swim lesson at Encinal Swim Center. Campers will meet at Woodstock Park in the morning for traditional day camp crafts, songs and snack. They will then walk down to Encinal Swim Center for a swim lesson/session. Swim sessions are M-Th. Snack & drink provided.



<b>Location: Woodstock Park and Encinal Swim Center</b>		<b>9:00a.m. to 12 noon</b>	
Drop Off	9 a.m. at Woodstock Park (Mon – Fri)		
Pick-Up	12 noon at Encinal Swim Center (Mon – Thur) 12 noon at Woodstock Park (Fri)		
Session 1	July 11 – 15	Cost: \$165	Class #16720
Session 2	July 18 – 22	Cost: \$165	Class #16721
Session 3	July 25 – 29	Cost: \$165	Class #16722

### Jumping Frog Sports Camp

**Ages 3 to 5 years (pre-kindergarten)**

A sport is not just for big kids. Come learn a variety of games from soccer, basketball, baseball, tennis and even four square. Learn how to cooperate and work as a team while at the same time developing gross and fine motor skills. Campers will take home a sports related craft daily. (snack & drink provided)

<b>Location: Woodstock Park</b>		<b>9:00a.m. to 12 noon</b>	
Session 1	June 20 – 24	Cost: \$90	Class #16724
Session 2	June 27 – July 1	Cost: \$90	Class #16725
Session 3	July 5 – July 8*	Cost: \$72*	Class #16726
* no class on July 4th.			

### Tenderfoot Camp

**Ages 4 to Pre-Kindergarten**

A beginning day camp experience for children, 4-5 years old (pre-kindergarten). Activities include camp crafts, storytelling, games, songs, and special activities. Please bring a bag lunch to camp daily.



<b>Location: Lower Washington Park</b> (by the tennis courts)		<b>9:30a.m. to 12:30p.m.</b>	
Session 1	August 1 – 5	Cost: \$90	Class #16727
Session 2	August 8 – 12	Cost: \$90	Class #16728

## CAMP BLADIUM

**AGES 5-14**



**EXPERIENCE ROCK CLIMBING, BASKETBALL, WIFFLE BALL, KICKBALL, ARTS AND CRAFTS, LASER TAG, LEGOS®, AND MORE**

Weekday Camps in the summer • Day camps during school holidays • Kids Night Out on select Saturdays

**RESERVE YOUR SPOT NOW!**

[BladiumAlameda.com/register](http://BladiumAlameda.com/register)

## CLASSES AVAILABLE YEAR-ROUND

Visit [BladiumAlameda.com](http://BladiumAlameda.com) for schedules.



### Lil' Kickers

Ages 18 months–9 years  
Child development and soccer fundamentals



### Skills Institute

Ages 5–12  
Soccer player development



### West Ham United

**NORTH AMERICAN ACADEMY**

Ages 7–14  
Elite player development



### Pre-Academy

Ages 7–12  
Player development in preparation for WHUNAA



### Youth Soccer Leagues

U8–U18  
Recreational/competitive indoor and outdoor leagues



### Lil' Sluggers

Ages 2–6  
Fundamental baseball skills development

**BLADIUM®**  
SPORTS & FITNESS CLUB

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Call (510) 814-4999 or visit  
[BladiumAlameda.com](http://BladiumAlameda.com)



## AFTER SCHOOL PROGRAM

### Recreation Afterschool Program - RAP 2016 - 2017 Registration

**Lottery Registration Period: May 16-31, 2016**

In an effort to provide excellent customer service and to give everyone an opportunity to participate in our very popular program, ARPD will conduct a LOTTERY for potential RAP participants for school year 2016 - 2017. Program will be available for those students enrolled in all-day Kindergarten through 5th grades.

**All new and returning participants** may fax, e-mail, mail, or drop off a completed registration form with payment to ARPD's main office only between May 16-31, 2016. Incomplete registration forms will not be processed. Incomplete payment will delay the processing.

**Lottery draw will take place June 1-3.** Registrations drawn will be processed and mailed out by the end of June. All remaining spaces will be open for registration starting on July 18th.

**Further information**, including fees, will be available at RAP sites and on the ARPD website after April 4th.

**PLEASE NOTE THAT THIS YEAR'S LOTTERY IS TAKING PLACE IN MAY, NOT JULY.**

## PLAYGROUND PROGRAM

### Parks and Playground Program

**2016 Summer - FREE drop-in activities for children in kindergarten through 5th grades.**

These programs are the perfect opportunity for your child to participate in fun, safe, and cooperative activities where they can be creative, develop skills and make friends in an outdoor setting. Activities include arts and crafts, cooking, drama, games, nature and special events. A nominal fee may be charged to directly cover activity supply costs. Weekly activity calendars are available upon request. Free Park League Baseball will again be offered this summer. The program will be sponsored by the Elks Lodge #1015. (For more details see Park League Baseball on page 13)

Parks & Playgrounds Program is not a childcare service! Parents: leave your child alone at the park at your own risk.



Monday - Friday	12:00 p.m. - 5:00 p.m.
Park sites include	Bayport, Franklin, Lincoln, Tillman, and Washington

**41,000 TONS OF HISTORY  
AND INNOVATION ON THE  
SHORES OF ALAMEDA.  
COME ABOARD TO EXPLORE  
AND DISCOVER!**



Visit the USS Hornet Museum and experience life aboard an aircraft carrier that served from WWII to the Space Age! Come for the day or sign up for one of our many exciting programs:

- **STEM to Stern:** Kids can learn about how technology seen on the Hornet led to the technology of today!
- **Passport to History:** Kids can step back in time and learn about carrier life through the eyes of a sailor!
- **Step into History:** Kids learn US History by touring different parts of the ship!
- **Live-Aboard Overnights:** Spend the night aboard the USS Hornet Museum and see how the sailors lived!



(510) 521-8448  
707 W Hornet Ave.  
Alameda, CA 94501

For more  
information, please  
visit our website at:  
[uss-hornet.org](http://uss-hornet.org)



## SUMMER DAY CAMPS

**Camps fills quickly - sign up soon!****Registration starts Monday, March 21, 2016.**

You may request to be grouped with one other camper per session; include the friend's name and be sure that he/she is registered for the same camp session. We cannot guarantee grouping requests in all cases, due to group size/grade level. All requests made after the initial registration, will be charged a \$15 service fee if we are able to accommodate. A big part of the camp experience is to make new friends!

**Hidden Cove Day Camp****Ages 5 - 7** (Completed Kindergarten or 1st Grade)

Explore and enjoy the exciting adventures of the outdoors with hiking, archery, camp skills, cooking, nature crafts, and an out-of-town field trip on Friday. The week is highlighted by the Thursday Night Family Camp Program.

Parents/Guardians are responsible for transportation. The sign in/out is required and is located in the lawn area across from the parking lot at the Otis/Westline entrance to Robert Crown Memorial State Beach Park. A letter with instructions will be sent to you and must be presented to gain access to the parking lot. Only campers registered in the WOW Extended Care program, at Godfrey or Washington Parks, will be transported to and from camp daily, except Thursday evenings.

Mon, Tues, Wed and Fri		9:00 a.m. - 3:00 p.m.	
and Thurs		10:00 a.m. - 6:30 p.m.	
Class#	Session #	Date	Cost (R / NR)
16761	1	June 27-July 1	\$160 / \$176
16762	2	July 5-8 (no camp on 7/4)	\$128 / \$141
16763	3	July 11-15	\$160 / \$176

**Trails End****Ages 7 - 11** (Completed 2nd - 5th Grades)

Redwood Regional Park in the Oakland Hills provides the natural setting for the outdoor fun of hiking, camp skills, nature crafts and cooking. The week is highlighted by the Thursday Night Family Camp Program. An out-of-town field trip takes place each Friday. Campers are bussed to and from camp daily, except Thursday evenings.

Mon, Tues, Wed and Fri		8:30 a.m. - 4:30 p.m.	
and Thurs		9:30 a.m. - 7:00 p.m.	
Class#	Session #	Date	Cost (R / NR)
16770	1	July 18-22	\$177 / \$195
16771	2	July 25-29	\$177 / \$195
16772	3	August 1-5	\$177 / \$195
16773	4	August 8-12	\$177 / \$195

Bus Pick-up and Drop-off points for Trails End campers are at the following parks: Franklin, Godfrey\*, Krusi, Lincoln, Longfellow, McKinley, Tillman and Washington\*.

\*WOW Extended Care site - requires additional registration fee\*

**Trailblazers****Ages 8 - 11** (Completed 3rd - 5th Grades)

This three-day adventure will include hiking, camp skills, cookouts, swimming; an overnight and just plain fun in the untamed outdoors of Redwood Regional Park in the Oakland Hills. Campers need to bring a bag lunch on Monday and Tuesday; Tuesday dinner, Wednesday breakfast and lunch will be provided. Campers are bussed to and from Camp from either Franklin or Lincoln Parks.

Monday		8:30 a.m. to 5:30 p.m.	
Tuesday		8:30 a.m. and overnight	
Wednesday		5:30 p.m. return to Alameda	
Class#	Session #	Date	Cost (R / NR)
16782	1	Aug 15-17	\$177 / \$195





## WORLD OF WONDER (WOW)

### World of Wonder (WOW)

**Ages: 5 - 11** (Completed Kindergarten - Fourth grade)

Join us as we celebrate the "2016 ARPD Summer Olympiad." The World of Wonder (WOW) program has been the favorite way for kids to spend their summer vacation, and for parents to be assured of the security of a supervised recreational care program. All activities are geared toward a weekly theme, within our Summer Olympiad. Activities include the following: cooking, crafts, games, drama, nature, swimming (Fridays, \$5), fishing, walking excursions, and much, much more!

Locations	Dates	Times
Godfrey Park	June 22 - Aug. 17	7:15a.m. - 5:30p.m.
Washington Park	June 22 - Aug. 17	7:15a.m. - 5:30p.m.
Weekly Session (M-F)	\$185 Resident	\$204 Non-resident
4th of July Week: 4 days (7/5-7/8)	\$152 Resident	\$168 Non-resident
Reduced Week: 3 days (6/22-6/24, 8/15-8/17)	\$126 Resident	\$139 Non-resident

### Weekly Themes: Summer Olympiad

<b>June 22 - 24</b>	Opening Ceremonies
<b>June 27 - July 1</b>	Intergalactic Olympics
<b>July 5 - 8</b>	Playtime Olympics
<b>July 11 - 15</b>	Innovative Olympics
<b>July 18 - 22</b>	Action Olympics
<b>July 25 - 29</b>	Entertainment Olympics
<b>August 1 - 5</b>	Underwater Olympics
<b>Aug. 8 - 12</b>	Culinary Olympics
<b>August 15 - 17</b>	Closing Ceremonies

### Weekly Field Trips

**Ages 5 - 11** (Completed Kindergarten - Fourth Grade)

These optional field trips are geared for participants to learn, move, and have fun! Snacks are included, and lunch will be provided.

Fees: WOW Participant Fee /Non-WOW Participant Fee		
<b>June 29</b>	Lost Worlds - Indoor play structure, mini golf, laser tag (Livermore)	\$42/\$52
<b>July 8*</b>	Adventure Playground & Eco Program (Berkeley) *Trip takes place on Friday	\$28/\$38
<b>July 13</b>	Tech Museum of Innovation (San Jose)	\$35/\$45
<b>July 20</b>	Oakland Athletics vs. Houston Astros (Oakland)	\$28/\$38
<b>July 27</b>	Encore Gymnastics (Concord)	\$32/\$42
<b>August 3</b>	Aqua Adventures (Fremont)	\$33/\$43
<b>August 5</b>	Olympic-sized Splash Bash (Alameda, Pool Party)	\$5/\$10
<b>August 10</b>	Alemany Farms, Boudin Bakery & San Francisco treats	\$32/\$42
<b>August 17</b>	Lake Anza Picnic Fun (Berkeley)	\$23/\$33

## EXTENDED CARE

### World of Wonder - Extended Care (WOW-X)

**Ages: 5 - 11** (Completed Kindergarten - Fourth grade)

Children participating in specialty classes, sports programs & Day Camp can now take advantage of pairing these programs with WOW Extended Care. The WOW-X program is designed to allow participants to sign up for special classes, sports camps & Day Camp. Participants will be transported back and forth from their respective WOW sites and additional program(s). Participants who will be at their WOW site between 12:00-1:00p.m. will receive a daily free lunch! Cost varies depending on the additional program's time frame. Each WOW site services different programs, depending on proximity. (Please see list below) Participants must be at their WOW Site 30 minutes prior to start of the specialty program.

#### Day Camps

(No return transportation to park on Thursday afternoon/evening)

Hidden Cove	Week 1 & 3	Godfrey or Washington	\$75
Hidden Cove	Week 2	Godfrey or Washington	\$60
Trails End	Week 1, 2, 3 & 4	Godfrey or Washington	\$65

#### Godfrey WOW-X\*

Special Interest Classes & Sports

(WOW-X fees will depend on program, but will range from \$55 to \$125 per week)

\*Bricks 4 Kidz, Cooking Round the World (for camps #17015-17019 only), Freshi Design Media (for camps #17053-17054, #17056-17059 only), Mad Science, Ms. Y's Summer Art Camp, Sciensational Workshops, UK Soccer Camp (for camp #16817 only)

#### Washington WOW-X\*\*

Special Interest Classes & Sports

(WOW-X fees will depend on program, but will range from \$55 to \$125 per week)

\*\*ARPD All Sports Adventure Camp, ARPD VB Match Volleyball Camp, Cycles of Change - Bicycle Camps, Encinal Yacht Club - Beginning Sailing (for camp #17004 & #17005 only), Jr. Warriors Basketball Camp (for camps #16827-16829 only), National Academy of Athletics - All Sorts of Sports (for camp #16830 only), Play-Well LEGO Classes (for camps #17036-17041, #17050-17051 only), Richter's Skate Camp (for camps #16796-16800 only), Skyhawks Cheerleading Camp, Skyhawks Girls Only All Sport Camp, Skyhawks Flag Football Camp, Techsplosion Camps & USS Hornet Stem Engineering Design Camp



## ART CAMP

## Ms. Y's Art Camp

Students paint, print, cut, and build fun art projects throughout the week. A special (optional) artist reception for family and friends will be held the following Saturday. All materials included.

Age: 5 - 12	Class # 16995	
Monday - Friday	June 27 - July 1	8:30a.m. - 4:00p.m.
No. of classes: 5	Fee: \$303	Instructor: Jo Anne Yada
Redux Studios & Gallery, 2315 Lincoln Ave.		
Age: 5 - 12	Class # 16996	
Monday - Friday	July 11 - July 15	8:30a.m. - 4:00p.m.
No. of classes: 5	Fee: \$303	Instructor: Jo Anne Yada
Redux Studios & Gallery, 2315 Lincoln Ave.		
Age: 5 - 12	Class # 16997	
Monday - Friday	Aug. 1 - Aug. 5	8:30a.m. - 4:00p.m.
No. of classes: 5	Fee: \$303	Instructor: Jo Anne Yada
Redux Studios & Gallery, 2315 Lincoln Ave.		



## Space Adventure Lego Camp

Inspired by NASA and Star Wars™, our Space Adventures Camp is packed full of models that will make your imagination soar! Each day, campers will learn about real-life space exploration and build models related to the NASA space program. This adventure camp provides the spark for imagination and creativity to take off on an adventure that's out of this world! Camp activities also include outside games, team-builders, and arts and crafts. Each camper takes home a mini-figure. \$20 Lab fee due to the instructor on the first day of class.

Age: 5 - 12	Class # 17033	
Monday - Friday	July 18 - July 22	1:00p.m. - 5:00p.m.
No. of classes: 5	Fee: \$253	Lab Fee: \$20
Instructor: Oona Gilles-Weil		Lincoln Lodge

## BRICKS 4 KIDZ

## Amusement Park Lego Camp

Get your ticket to ride at Bricks 4 Kidz' very own amusement park! So popular last year, we decided to extend the fun by adding 5 more hours! Campers will build a new ride each day, learning how to make things spin, roll and rock. Then they will take what they have learned to design their own rides. Motorized models maximize the action and the fun. Each camp day includes carnival-themed games, group challenges, model-building and more. Each camper takes home a mini-figure. \$20 Lab fee due to the instructor on the first day of class.

Age: 5 - 12	Class # 17030	
Monday - Friday	June 27 - July 1	1:00p.m. - 5:00p.m.
No. of classes: 5	Fee: \$253	Lab Fee: \$20
Instructor: Oona Gilles-Weil		Lincoln Lodge

## Girls Engineering Lego Camp

Bricks 4 Kidz sees the importance of providing girl centered programming that teaches the fundamentals of engineering and design while having fun. Girls will design and create their own amusement park completely out of Legos. Camp activities also include outside games, team-builders, arts and crafts. Each camper takes home a mini-figure. \$20 Lab fee due to the instructor on the first day of class.

Age: 5 - 12	Class # 17031	
Monday - Friday	July 11 - July 15	1:00p.m. - 5:00p.m.
No. of classes: 5	Fee: \$253	Lab Fee: \$20
Instructor: Oona Gilles-Weil		Lincoln Lodge

## Jurassic Lego Camp

Campers build a world that comes to life with the gentle Brontosaurus, ferocious Velociraptor and terrifying T-rex! We'll learn about amazing dinosaurs that roamed the earth during the Jurassic period and other prehistoric and extinct creatures from land and sea. Camp activities also include outside games, team-builders, arts and crafts. Each camper takes home a mini-figure. \$20 Lab fee due to the instructor on the first day of class.

Age: 5 - 12	Class # 17032	
Monday - Friday	July 25 - July 29	1:00p.m. - 5:00p.m.
No. of classes: 5	Fee: \$253	Lab Fee: \$20
Instructor: Oona Gilles-Weil		Lincoln Lodge





## COOKING

### Cooking Round the World

This class is the junction where culinary arts and cultural education meets. Each camp day we "visit" a different country, cook 6 different dishes, language education, educational games and folktales. Campers are dropped off at Lincoln Lodge at High Street entrance and picked-up at Harrison Center. Educational, delicious, and fun! \$150 Lab fee due to the instructor on the first day of class. Registrants refunded up to 5 days prior to start date. No refunds given thereafter.



Age: 6 - 13	Class # 17014	
Monday - Friday	June 20 - June 24	10:30a.m. - 5:00p.m.
No. of classes: 5	Fee: \$303	Lab Fee: \$150
Instructor: Cooking Round the World		
Lincoln Lodge (drop-off) and Harrison Center (pick-up)		
Age: 6 - 13	Class # 17015	
Monday - Friday	June 27 - July 1	10:30a.m. - 5:00p.m.
No. of classes: 5	Fee: \$303	Lab Fee: \$150
Instructor: Cooking Round the World		
Lincoln Lodge (drop-off) and Harrison Center (pick-up)		
Age: 6 - 13	Class # 17016	
Tuesday - Friday	July 5 - July 8	10:30a.m. - 5:00p.m.
No. of classes: 4	Fee: \$303	Lab Fee: \$150
Instructor: Cooking Round the World		
Lincoln Lodge (drop-off) and Harrison Center (pick-up)		
Age: 6 - 13	Class # 17017	
Monday - Friday	July 25 - July 29	10:30a.m. - 5:00p.m.
No. of classes: 5	Fee: \$303	Lab Fee: \$150
Instructor: Cooking Round the World		
Lincoln Lodge (drop-off) and Harrison Center (pick-up)		
Age: 6 - 13	Class # 17018	
Monday - Friday	Aug. 1 - Aug. 5	10:30a.m. - 5:00p.m.
No. of classes: 5	Fee: \$303	Lab Fee: \$150
Instructor: Cooking Round the World		
Lincoln Lodge (drop-off) and Harrison Center (pick-up)		
Age: 6 - 13	Class # 17019	
Monday - Friday	Aug. 8 - Aug. 12	10:30a.m. - 5:00p.m.
No. of classes: 5	Fee: \$303	Lab Fee: \$150
Instructor: Cooking Round the World		
Lincoln Lodge (drop-off) and Harrison Center (pick-up)		

## DATA SCIENCE

### Data Science Meets Problem Solving

**NEW**

Harvard Business Review described data science as one of the best jobs of the 21st century. In this course, participants will develop analytics, statistics, coding, problem solving and communication skills through tackling a data-driven challenge using case method.

Age: 12 - 18	Class # 17013	
Monday - Thursday	June 20 - June 23	5:00p.m. - 7:30p.m.
No. of classes: 4	Fee: \$203	Instructor: Milan Lee
Ver's Building, Rm. 120		

## FRESHI MEDIA

### My First Video Game!

Younger Game developers work in pairs to conceive, design and build their own original computer game. Students will learn fun techniques like creating characters and levels and making their characters fly and bounce around the game screen!

Age: 5 - 9	Class # 17056	
Monday - Friday	July 11 - July 15	9:00a.m. - 12:00p.m.
No. of classes: 5	Fee: \$198	
Instructor: Freshi Media		Leydecker Park

### My First Animated Movie!

Younger students will work with toys to create fun and original stop motion movies! Students work together to create an original story through animation. Students will create short, simple and easy to manage animations.

Age: 5 - 9	Class # 17059	
Monday - Friday	Aug. 1 - Aug. 5	9:00a.m. - 12:00p.m.
No. of classes: 5	Fee: \$198	
Instructor: Freshi Media		Leydecker Park



**Introduction to Video Game Design**

Working with PC's, beginning Game Developers work with a partner to conceive, design and build their own original computer game. Everything created is original to the team, including characters, backgrounds and theme.

Age: 8 - 12	Class # 17052	
Monday - Friday	June 20 - June 24	1:00p.m. - 4:00p.m.
No. of classes: 5	Fee: \$198	
Instructor: Freshi Media		Leydecker Park

**Filmmaking: From Script to Premiere!**

Using handheld video cameras and editing software, students produce an original film, integrating simple special effects, sound effects and a musical score. Students work in groups and learn about the filmmaking process.

Age: 8 - 12	Class # 17055	
Monday - Friday	June 20 - June 24	9:00a.m. - 12:00p.m.
No. of classes: 5	Fee: \$198	
Instructor: Freshi Media		Leydecker Park

**Young Creators: Comic Book Workshop**

Students become creators and make their own digital comic book complete with heroes, villains and epic adventures! Working with Comic Life software, kids create an original multi-page full color comic.



Age: 8 - 12	Class # 17058	
Monday - Friday	July 11 - July 15	1:00p.m. - 4:00p.m.
No. of classes: 5	Fee: \$198	
Instructor: Freshi Media		Leydecker Park

**Computer Animation Fundamentals with PC!**

Working with PC, participants will learn skills that help with computer drawing, character creation and movement, voiceover work and character interaction and speech. In small groups, students will focus on learning introductory computer animation techniques.

Age: 8 - 12	Class # 17054	
Monday - Friday	July 25 - July 29	1:00p.m. - 4:00p.m.
No. of classes: 5	Fee: \$198	
Instructor: Freshi Media		Leydecker Park

**Video Game Design: Platform Adventures!**

In this class, students will work with a partner and will create unique levels, characters and an original plot line. Give your characters gravity and create interesting and original bad guys to challenge you through your game.

Age: 8 - 12	Class # 17057	
Monday - Friday	July 25 - July 29	9:00a.m. - 12:00p.m.
No. of classes: 5	Fee: \$198	
Instructor: Freshi Media		Leydecker Park

**Tech Builders: App Design with PC!**

Utilizing Multimedia Fusion 2 software, students work closely with instructors to create individual based apps. Students will complete one app project, which combines fun game based apps and practical utility apps.

Age: 8 - 12	Class # 17053	
Monday - Friday	Aug. 1 - Aug. 5	1:00p.m. - 4:00p.m.
No. of classes: 5	Fee: \$198	
Instructor: Freshi Media		Leydecker Park

**MAD SCIENCE****Planet Earth Explorers**

Become a junior Mad Scientist! This new camp is a great introduction to science. Preschoolers explore their sense of sight, sound, smell, taste and touch. Children use a magnifying glass to discover the world of creepy crawly creatures. Explore the science of the sea and the fascinating creatures that live there.



Age: 4 - 5	Class # 17128	
Tuesday - Friday	July 5 - July 8	9:00a.m. - 12:00p.m.
No. of classes: 4	Fee: \$218	
Instructor: Mad Science of Mt. Diablo		Leydecker Park

**How Things Work**

How do plants grow, live, and "eat"? How do we travel into outer space? What powers humans and our homes? All of our greatest scientific advancements started with a question. In "How Things Work" young scientists set out to find answers! There is a \$20 lab fee payable to the instructor on the first day of camp.

Age: 6 - 11	Class # 17129	
Tuesday - Friday	July 5 - July 8	1:00p.m. - 4:00p.m.
No. of classes: 4	Fee: \$218	Lab Fee: \$20
Instructor: Mad Science of Mt. Diablo		Leydecker Park



## Eureka! The Inventors' Academy

Inventing means curiosity, practicality, necessity, cooperating and dreaming! Join us as we take students on a historical journey with a hands-on approach learning about some of the worlds' greatest inventors from Leonardo da Vinci to Tesla, to Thomas Edison, to the Wright Brothers. There is a \$30 lab fee payable to the instructor on the first day of camp. Lunch is not provided; please send your child with a packed lunch.

Age: 6 - 11	Class # 17130	
Monday - Friday	July 18 - July 22	9:00a.m. - 4:00p.m.
No. of classes: 5	Fee: \$588	Lab Fee: \$30
Instructor: Mad Science of Mt. Diablo		Leydecker Park

## Planet Heroes

Our "Planet Heroes" are training to save our planet for all future generations, but they have to learn by example. Campers learn about the habitats of wiggly worms, creepy crawlies, furry and feathered friends and their homes.

Age: 5 - 7	Class # 17131	
Monday - Friday	Aug. 8 - Aug. 12	9:00a.m. - 12:00p.m.
No. of classes: 5	Fee: \$253	
Instructor: Mad Science of Mt. Diablo		Leydecker Park

## Make It Go

It's time to get moving! From rowing to robots, "Make It Go!" moves and grooves! Leap into tennis, check out the fancy footwork of football, and design a crash helmet to keep your new friend, Eggbert, safe. Pull, roll, and catapult your way to fun with six simple machines. There is a \$30 lab fee payable to the instructor on the first day of camp.

Age: 6 - 11	Class # 17136	
Monday - Friday	Aug. 8 - Aug. 12	1:00p.m. - 4:00p.m.
No. of classes: 5	Fee: \$253	Lab Fee: \$30
Instructor: Mad Science of Mt. Diablo		Leydecker Park

## PLAY-WELL TEKNOLOGIES

### Pre-Engineering using LEGO

Let your imagination run wild with tens of thousands of LEGO's! Build engineer-designed projects like boats, bridges, mazes, and motorized cars, and use special pieces to create your own unique design! Explore the endless creative possibilities of the LEGO building system with the guidance of an experienced Play-Well instructor.

Age: 5 - 6	Class # 17034	
Monday - Friday	June 20 - June 24	9:00a.m. - 12:00p.m.
No. of classes: 5	Fee: \$225	
Instructor: Play-Well TEKologies Staff		
Veteran's Memorial Bldg., RM 120		

### Jedi Engineering using LEGO

The Force Awakens in this introductory engineering course for young Jedi! Explore engineering principles by designing and building projects such as LEGO X-Wings, R2 Units, Energy Catapults, Defense Turrets, and settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire!

Age: 5 - 6	Class # 17040	
Monday - Friday	Aug. 1 - Aug. 5	9:00a.m. - 12:00p.m.
No. of classes: 5	Fee: \$225	
Instructor: Play-Well TEKologies Staff		
Veteran's Memorial Bldg., RM 120		

### Mine, Craft, Build: Adventure Game using LEGO

Bring Minecraft to life using LEGO! Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, and use these resources to build special items to help in our adventures! Build a Zoo, create a Medieval Castle, and design a Tree House Village! This LEGO experience is an original game designed by Play-Well instructors inspired by the popular game, Minecraft. Students will have a blast, even without any prior experience with Minecraft or LEGO.

Age: 5 - 7	Class # 17036	
Tuesday - Friday	July 5 - July 8	9:00a.m. - 12:00p.m.
No. of classes: 4	Fee: \$180	
Instructor: Play-Well TEKologies Staff		
Veteran's Memorial Bldg., RM 120		

### Girl Powered Engineering using LEGO

A Play-Well offering for girls who love to build! This course will provide a supportive environment for girls to apply real-world concepts in physics, engineering, and architecture through engineer designed projects such as arch bridges, motorized cars, skyscrapers and amusement parks! Design and build as never before, and explore your craziest ideas in an interactive environment. Curriculum created for LEGO lovers and newbies alike!



Age: 5 - 9	Class # 17038	
Monday - Friday	July 18 - July 22	9:00a.m. - 12:00p.m.
No. of classes: 5	Fee: \$225	
Instructor: Play-Well TEKologies Staff		
Veteran's Memorial Bldg., RM 120		

### Robotics using LEGO WeDo

Build and program robots in this introductory Robotics class using the LEGO WeDo system. Learn basic programming skills, simple engineering concepts, and the names of robot components. Work in small groups to complete several projects using tilt and motion sensors.

Age: 6 - 7	Class # 17050	
Monday - Friday	Aug. 8 - Aug. 12	9:00a.m. - 12:00p.m.
No. of classes: 5	Fee: \$300	
Instructor: Play-Well TEKologies Staff		
Veteran's Memorial Bldg., RM 120		

### Engineering FUNDamentals using LEGO

Power up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO's! Apply real-world concepts in physics, engineering, and architecture through engineering-designed projects such as arch bridges, sky scrapers, motorized cars, and the Battletrack! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.

Age: 7 - 12	Class # 17035	
Monday - Friday	June 20 - June 24	1:00p.m. - 4:00p.m.
No. of classes: 5	Fee: \$225	
Instructor: Play-Well TEKologies Staff		
Veteran's Memorial Bldg., RM 120		

### Architecture using LEGO

Explore great works of art and architecture through LEGO! Collaborate in small groups to build grand structures such as the Colosseum in Rome, the Eiffel Tower in Paris, the tree houses of Papua New Guinea, and the To-Ji Temple in Japan. Follow in the footsteps of master artists with LEGO interpretations of sculptures, mosaics, and stained glass. Teamwork and creativity take "high culture" to the next level!



Age: 7 - 12	Class # 17039	
Monday - Friday	July 18 - July 22	1:00p.m. - 4:00p.m.
No. of classes: 5	Fee: \$225	
Instructor: Play-Well TEKologies Staff		
Veteran's Memorial Bldg., RM 120		

**Go to [www.alamedaca.gov/recreation](http://www.alamedaca.gov/recreation) for more info and to register**

### Jedi Master Engineering using LEGO

The Force Awakens in this advanced engineering course for young Jedi! Discover key engineering concepts such as gear trains, worm drives, pneumatics, and eccentric motion.

Build LEGO X-Wings, AT-AT Walkers, Pod Racers, Star Destroyers, Cloud Cities, Settlements, Fortresses, and other complex machines and structures from a galaxy far, far away.



Age: 7 - 12	Class # 17041	
Monday - Friday	Aug. 1 - Aug. 5	1:00p.m. - 4:00p.m.
No. of classes: 5	Fee: \$225	
Instructor: Play-Well TEKologies Staff		
Veteran's Memorial Bldg., RM 120		

### Mine, Craft, Build: Survival Game using LEGO

Bring Minecraft to life using LEGO! Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, and watch out for Creepers! This ultimate LEGO Minecraft experience is an original game designed by Play-Well instructors, using gameplay elements and characters inspired by the popular game, Minecraft. Students will have a blast, even without any prior experience with Minecraft or LEGO.

Age: 8 - 12	Class # 17037	
Tuesday - Friday	July 5 - July 8	1:00p.m. - 4:00p.m.
No. of classes: 4	Fee: \$180	
Instructor: Play-Well TEKologies Staff		
Veteran's Memorial Bldg., RM 120		

### Robotics using LEGO Mindstorms EV3

Build and program robots using the new LEGO Mindstorm EV3 system! Learn about mechanical and software design, loops, conditional statements, problem solving, and teamwork skills. Work in small groups, program and build your robot, and rise to the challenge. Control the robot to avoid obstacles, pick up and carry objects, and play sounds. Projects are structured so that students work in an open ended environment while having fun.

Age: 8 - 12	Class # 17051	
Monday - Friday	Aug. 8 - Aug. 12	1:00p.m. - 4:00p.m.
No. of classes: 5	Fee: \$300	
Instructor: Play-Well TEKologies Staff		
Veteran's Memorial Bldg., RM 120		



## SCIENSATIONAL CAMPS

### Creative Engineering

Work with an advanced three dimensional construction kit that is yours to keep and take home. Design and build simple or complex models of a vehicle, a robot, or buildings. You will also get your own 3-volt geared motor to power up a moveable Radar Surveyor. Learn the many ways you can make your motor run. Hands on is the only way, so prepare to build from directions, and from your own imagination!



Age: 7 - 12	Class # 17070	
Monday - Friday	June 27 - July 1	9:00a.m. - 12:00p.m.
No. of classes: 5	Fee: \$227	
Instructor: Sciensational	Leydecker Park	

### CSI - Crime Scene Investigation

You will be the super science sleuths. Have fun learning about forensics, crime scene investigations, and crime lab chemistry as you perform as many as 15 different experiments designed to show you just how those tricky cases are solved. Search for evidence, gather clues and discover how science can help solve a mystery. Participants will dust for fingerprints, analyze handwriting, test for blood type using simulated blood, examine hair and clothing fibers, practice chemistry to identify mystery substances and much more. They will then use their skills to solve crimes of the century.

Age: 7 - 12	Class # 17071	
Monday - Friday	June 27 - July 1	1:00p.m. - 4:00p.m.
No. of classes: 5	Fee: \$227	
Instructor: Sciensational	Leydecker Park	

## TECHSPLOSION CAMPS

### CraftCamp: Junior Minecrafters!

Come explore the world of Minecraft with us! Junior Minecrafters will have tons of fun as they learn the basics of the world famous game. We'll learn about the different game modes, how to craft some crazy contraptions, and even build an awesome house together! In between sessions of computer time, we'll do other fun Minecraft stuff like papercraft, a camp-made costume party, outdoor games, and on Friday, a Minecraft potluck party!

**NEW**

Age: 5 - 7	Class # 17081	
Monday - Friday	Aug. 8 - Aug. 12	9:00a.m. - 4:00p.m.
No. of classes: 5	Fee: \$587	
Instructor: Techsplosion Staff	O'Club, Squadron Room	

### CraftCamp: Minecraft Challenge!

Spawn into the curious world of Minecraft! Learn the fundamentals of video game design as you create epic worlds with the help of your fellow campers and powerful tools like WorldEdit, make awesome screencast like your favorite YouTubers, and during free time, compete in Minecraft Hunger Games, Sky Wars, and more! This is the Minecraft summer camp you've been waiting for.

Age: 7 - 12	Class # 17079	
Monday - Friday	June 27 - July 1	9:00a.m. - 4:00p.m.
No. of classes: 5	Fee: \$587	
Instructor: Techsplosion Staff	O'Club, Squadron Room	

### CraftCamp: Xtreme Minecraft

It's time to take your craft to the next level! We'll learn the basics of coding mods using Java and Eclipse IDE, and dive deep into video production and game design concepts. We'll focus on what makes great games, screencasts and mods great, and learn to use a variety of powerful tools to help make our ideas a reality. \*All campers who attend Minecraft Challenge first are invited to attend Xtreme Minecraft, regardless of age.



Age: 10 - 14*	Class # 17080	
Tuesday - Friday	July 5 - July 8	9:00a.m. - 4:00p.m.
No. of classes: 4	Fee: \$471	
Instructor: Techsplosion Staff	O'Club, Squadron Room	

## USS HORNET

### STEM Engineering Design Camp

**NEW**

Explore engineering design aboard a WWII engineering marvel! By touring the ship and hands-on building challenges, we'll study structures, aerodynamics, mechanics, circuits and more while also learning about the history of technology.



Age: 3 - 5 Grade	Class # 17010	
Monday - Friday	June 27 - July 1	9:00a.m. - 12:00p.m.
No. of classes: 5	Fee: \$253	
Instructor: USS Hornet Staff	USS Hornet Museum	
Age: 3 - 5 Grade	Class # 17011	
Monday - Friday	July 18 - July 22	9:00a.m. - 12:00p.m.
No. of classes: 5	Fee: \$253	
Instructor: USS Hornet Staff	USS Hornet Museum	

## ALAMEDA BALLET ACADEMY

Please email ABA at [admin@alamedaballet.com](mailto:admin@alamedaballet.com) for information on what your child will need to bring to camp (put ARPD in the subject line). Before and after care available (8:00 – 9:00 a.m. and 12 noon – 1:00 p.m.). Provided by ABA. **Voted Best Dance Summer Camps in Alameda County by Parents' Press!**

### Little Ballerina

#### Ages 4 – 6

This level is for beginning students as well as those who have already been in a dance program. In addition to daily dance class, children learn about and watch different famous classical ballet each week. They explore their own creativity through exercise movement concepts. Students also learn valuable lessons about anatomy, nutrition, dance history and vocabulary. Each child goes home with their own Ballet Camp Scrapbook they have created each week.



Age: 4 – 6	Class # 16989	Coppelia
Monday – Friday	July 11 – July 15	9:00a.m. – 12:00p.m.
No. of classes: 5	Fee: \$180	Instructor: ABA Staff
ABA Studio, 1402 Park Street		
Age: 4 – 6	Class # 16985	Sleeping Beauty
Monday – Friday	July 18 – July 22	9:00a.m. – 12:00p.m.
No. of classes: 5	Fee: \$180	Instructor: ABA Staff
ABA Studio, 1402 Park Street		
Age: 4 – 6	Class # 16986	Cinderella
Monday – Friday	July 25 – July 29	9:00a.m. – 12:00p.m.
No. of classes: 5	Fee: \$180	Instructor: ABA Staff
ABA Studio, 1402 Park Street		



## Beginning Ballet

#### Ages 7 – 11

This level is similar in structure and content to the camp for 4-6 year olds, but is for children whose focus, coordination, reading and writing skills are more developed. This camp includes a daily ballet class, video of a classical ballet, lessons in music, dance history, anatomy, nutrition and ballet vocabulary. Students explore their creativity with exercises in choreography and activities related to the classical ballet they are studying. Plus, students go home with their own Ballet Camp Scrapbook they have created each week.

Age: 7 – 11	Class # 16994	Coppelia
Monday – Friday	July 11 – July 15	9:00a.m. – 12:00p.m.
No. of classes: 5	Fee: \$180	Instructor: ABA Staff
ABA Studio, 1402 Park Street		
Age: 7 – 11	Class # 16990	Sleeping Beauty
Monday – Friday	July 18 – July 22	9:00a.m. – 12:00p.m.
No. of classes: 5	Fee: \$180	Instructor: ABA Staff
ABA Studio, 1402 Park Street		
Age: 7 – 11	Class # 16991	Cinderella
Monday – Friday	July 25 – July 29	9:00a.m. – 12:00p.m.
No. of classes: 5	Fee: \$180	Instructor: ABA Staff
ABA Studio, 1402 Park Street		



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## CYCLES OF CHANGE - BICYCLE

### Bicycle Adventures to the Bay & Beyond

Explore Alameda and the Bay Area on two wheels! Join Cycles of Change for five days of learning, fun, and adventure on bicycles. Participants will learn bike safety skills while visiting exciting destinations around Alameda, including Crown Beach and MLK Regional Shoreline. Class includes a trip to the Exploratorium using BART. Limited need based scholarships available. Contact [nora@cyclesofchange.org](mailto:nora@cyclesofchange.org) for more info.

**NEW**

Age: 9 - 13	Class # 17076	
Monday - Friday	June 27 - July 1	9:00a.m. - 3:00p.m.
No. of classes: 5	Fee: \$403	
Instructor: Cycles of Change Staff	Alameda Point Gym	
Age: 9 - 13	Class # 17077	
Monday - Friday	July 11 - July 15	9:00a.m. - 3:00p.m.
No. of classes: 5	Fee: \$403	
Instructor: Cycles of Change Staff	Alameda Point Gym	
Age: 9 - 13	Class # 17078	
Monday - Friday	July 18 - July 22	9:00a.m. - 3:00p.m.
No. of classes: 5	Fee: \$403	
Instructor: Cycles of Change Staff	Alameda Point Gym	

## DANCE/10

### Mary Poppins Camp

This camp/workshop is run like a summer stock program and is a fantastic introduction into musical theater and a concentrated training for teens without the pressure of their academic studies. This year's show will be a mini version of Mary Poppins. Performance on Friday June 24th at Dance/10 at 7:00p.m. Jazz or ballet shoes encouraged.

Age: 8 - 18	Class # 17006	
Monday - Friday	June 20 - June 24	9:00a.m. - 3:00p.m.
No. of classes: 5	Fee: \$378	Instructor: Pamm Drake
Dance/10 Performing Arts Center, 900 Santa Clara Ave.		

### The Wiz Camp

This camp/workshop is run like a summer stock program and is a fantastic introduction into musical theater and a concentrated training for teens without the pressure of their academic studies. This year's show will be a mini version of The Wiz. Performance on Friday July 8th at Dance/10 at 1:00p.m. Camp ends on Friday after performance is over. Jazz or ballet shoes encouraged.

Age: 6 - 14	Class # 17007	
Tuesday - Friday	July 5 - July 8	11:00a.m. - 3:00p.m.
No. of classes: 4	Fee: \$253	Instructor: Pamm Drake
Dance/10 Performing Arts Center, 900 Santa Clara Ave.		

### Ballerina Camp

Has your child ever dreamed of being a ballerina? Have your child experience their dream in one of our camps designed for preschoolers (ages 3 - 6). Ballerina campers will be twirling with grace and poise around the room. Each day will include an arts and craft project. Students should wear leotard and ballet skirt with tights and ballet shoes. All items are available at Dance/10. It is recommended that you purchase before the first day of class.

Age: 3 - 6	Class # 17008	
Monday - Friday	June 27 - July 1	9:30a.m. - 11:30a.m.
No. of classes: 5	Fee: \$188	Instructor: Pamm Drake
Dance/10 Performing Arts Center, 900 Santa Clara Ave.		

### Princess Camp

Has your child ever dreamed of being a Princess? Have your child experience their dream in one of our camps designed for preschoolers (ages 3 - 6). Princess campers will dance, sing and act like different Disney Princess each day. Each day will include an arts and craft project. Students should wear leotard and ballet skirt with tights and ballet shoes. All items are available at Dance/10. It is recommended that you purchase before the first day of class.

Age: 3 - 6	Class # 17009	
Monday - Friday	June 27 - July 1	12:00p.m. - 2:00p.m.
No. of classes: 5	Fee: \$188	Instructor: Pamm Drake
Dance/10 Performing Arts Center, 900 Santa Clara Ave.		

## STAND UP PADDLING & KAYAKING

### Mike's Paddle Kids Camp

**NEW**

Walk on water at Mike's Paddle Kids Stand Up Paddling (SUP) and Kayak Camp! Explore the bay while we learn to stand up paddle board and kayak. Open to boys and girls ages 10 - 14, this (9am - 4pm) 5 day camp will provide all paddling instructions, promote team-building and leadership skills, and foster a lifelong love of living an active lifestyle through outdoor aquatic activities. All gear will be provided by Mike's Paddle.

Age: 10 - 14	Class # 17105	
Monday - Friday	July 11 - July 15	9:00a.m. - 4:00p.m.
No. of classes: 5	Fee: \$428	Instructor: Taylor Dempsey
Mike's Paddle, 1150 Ballena Blvd., Suite 121		
Age: 10 - 14	Class # 17106	
Monday - Friday	July 18 - July 22	9:00a.m. - 4:00p.m.
No. of classes: 5	Fee: \$428	Instructor: Taylor Dempsey
Mike's Paddle, 1150 Ballena Blvd., Suite 121		
Age: 10 - 14	Class # 17107	
Monday - Friday	July 25 - July 29	9:00a.m. - 4:00p.m.
No. of classes: 5	Fee: \$428	Instructor: Taylor Dempsey
Mike's Paddle, 1150 Ballena Blvd., Suite 121		

## RUBY'S TUMBLING CAMPS

### Gymnastics, Old Fashioned Camp Games and Creative Dance Workshop Camp

**Age: 4 - 9**

Workshop Camp is a balance of force that gives you power, flexibility, endurance, and self-discovery. It's designed to be fun and challenging while allowing students to learn at their own pace. Students learn a variety of gymnastics in the first hour including back and forward rolls, cartwheels, handstands and more. The second hour is followed by good old fashioned camp games to keep their bodies moving. In the last hour, kids learn the latest dance moves, dance terms and techniques through ballet, jazz and creative movement. This camp will surely burn off all that extra energy and tire them out.

Age: 4 - 9	Class # 16998	
Monday - Friday	July 18 - July 22	12:30p.m. - 3:30p.m.
No. of classes: 5	Fee: \$183	Siblings: \$153
Instructor: Ruby Gama	Ruby's Tumbling, 2333 Clement Ave.	
Age: 4 - 9	Class # 16999	
Monday - Friday	July 25 - July 29	12:30p.m. - 3:30p.m.
No. of classes: 5	Fee: \$183	Siblings: \$153
Instructor: Ruby Gama	Ruby's Tumbling, 2333 Clement Ave.	

## SAILING

### ALAMEDA COMMUNITY SAILING CENTER Discover Sailing Camp

**Age: 8 - 12**

Youth learn all basic sailing skills. With two weeks kids truly develop confidence and competence. Maneuvers, sail trim, rigging, knot tying, safety rules, communication and problem solving. All registration fees are fully refundable or transferable 15 days or more in advance of a camp. All registration fees are subject to a 50% forfeiture if reservation is canceled or transferred less than 15 days and 8 days or more in advance of the camp. All registration fees are forfeited if a student either no-shows or cancels or transfers a registration to a later camp 7 days or less in advance of the camp. Questions? [info@sailalameda.org](mailto:info@sailalameda.org)



Age: 8 - 12	Class # 17000	
Monday - Friday	July 18 - July 29	9:00a.m. - 4:00p.m.
No. of classes: 10	Fee: \$628	Instructor: ACSC Staff
Alameda Community Sailing Center Base, Encinal Boat Ramp		
Age: 8 - 12	Class # 17001	
Monday - Friday	Aug. 1 - Aug. 12	9:00a.m. - 4:00p.m.
No. of classes: 10	Fee: \$628	Instructor: ACSC Staff
Alameda Community Sailing Center Base, Encinal Boat Ramp		

### Teen Basic Sailing Camp

**Age: 13 - 18**

Teens learn all basic skills. Maneuvers, sail trim, rigging, knot tying, safety rules, communication and problem solving. All registration fees are fully refundable or transferable 15 days or more in advance of a camp. All registration fees are subject to a 50% forfeiture if reservation is canceled or transferred less than 15 days and 8 days or more in advance of the camp. All registration fees are forfeited if a student either no-shows or cancels or transfers a registration to a later camp 7 days or less in advance of the camp. Questions? [info@sailalameda.org](mailto:info@sailalameda.org)

Age: 13 - 18	Class # 17002	
Monday - Friday	Aug. 1 - Aug. 12	9:00a.m. - 4:00p.m.
No. of classes: 10	Fee: \$628	Instructor: ACSC Staff
Alameda Community Sailing Center Base, Encinal Boat Ramp		

### ENCINAL YACHT CLUB Beginning Sailing

**Age: 6 - 18**

Encinal Junior Sailing offers an introduction to sailing including basic boat handling, knot tying, rules of the road, and basic seamanship. Open to ages 6 - 18 with a wide array of age groups.

Age: 6 - 18	Class # 17003	
Monday - Thursday	June 20 - July 7	8:30a.m. - 12:00p.m.
No. of classes: 12	Fee: \$533	Instructor: Encinal Yacht Club
1251 Pacific Marina, Alameda		
Age: 6 - 18	Class # 17004	
Monday - Thursday	July 11 - July 28	8:30a.m. - 12:00p.m.
No. of classes: 12	Fee: \$533	Instructor: Encinal Yacht Club
1251 Pacific Marina, Alameda		
Age: 6 - 18	Class # 17005	
Monday - Thursday	Aug. 1 - Aug. 18	8:30a.m. - 12:00p.m.
No. of classes: 12	Fee: \$533	Instructor: Encinal Yacht Club
1251 Pacific Marina, Alameda		





## SPORTS CAMPS

**UK International Soccer Camp****Age: 4 - 15**

UK Internationals objective is to create the optimal environment in our community in which children can learn and develop under the guidance of their "Ultimate Soccer Educators." Coaches, primarily from Great Britain, are selected not only for their knowledge, but also their commitment to creating a fun, positive learning environment. All camp sessions are based on individual ball skills as well as fun games to put those skills into practice and develop teamwork.

July 11 -15		Lincoln Park	
Ages 4 - 6	9:00 a.m. - 10:30 a.m.	\$110	Class# 16816
Ages 6 - 15	9:00 a.m. - 12:00 p.m.	\$175	Class# 16817

**Jr. Warriors Basketball Camp****Grades: K - 5**

This exciting and innovative program has been specifically designed to offer youngsters in K - 8th grades an opportunity to participate in an organized program of balanced competition and skill development. The program philosophy will stress a positive attitude, teamwork, good sportsmanship, and self-confidence.



Staffed by National Academy of Athletics coaches along with ARPD staff. Campers will each have the opportunity to create a 45 second video demonstrating their favorite skill or accomplishment from camp emailed directly to parents/guardians. Each participant will also receive a Jr. Warriors jersey, headband, and certificate of participation.

Monday - Friday	June 20 - 24	9:00a.m. - 12:00p.m.
Location	Alameda Point Gymnasium	
K - 1 Grade	Class # 16824	\$150
2 - 3 Grade	Class # 16825	\$150
4 - 5 Grade	Class # 16826	\$150
6 - 8 Grade	Class # 16848	\$150
Monday - Friday	July 18 - 22	9:00a.m. - 12:00p.m.
Location	Alameda Point Gymnasium	
K - 1 Grade	Class # 16827	\$150
2 - 3 Grade	Class # 16828	\$150
4 - 5 Grade	Class # 16829	\$150
6 - 8 Grade	Class # 16849	\$150

**Skyhawks Flag Football Camp****Age 5 - 12**

Skyhawks Flag Football is the perfect introduction to "America's Game" or a great refresher those who want to brush up on their skills preparing for league play. Through our "skill of the day" exercises, campers will learn skills on both sides of the ball including the core components of passing, catching, and deflagging or defensive positioning - all presented in a fun and positive environment. The week ends with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron! All participants receive a t-shirt, football, and player evaluation. The participant-to-coach ratio is approximately 12:1. Participants should bring appropriate clothing, two snacks, a water bottle, running shoes, and sunscreen.

July 11 - 15	9:00 a.m. - 12:00 p.m.	\$149
Toby Chavez Field at Lower Washington Park		
Ages 6 - 8	Class# 16821	
Ages 9 - 12	Class# 16822	

**Skyhawks Tennis Camp****Age: 5 - 14 • See page 40****Skyhawks Cheerleading****Age: 6 - 10**

Skyhawks Cheerleading teaches young athletes the essential skills to lead crowds and support the home team! This entry-level cheer program ensures that each camper learns cheers, proper hand and body movements, and jumping techniques. There is no stunting—just a big focus on fun while each cheerleader learns important life skills such as teambuilding and leadership. The week concludes with a choreographed performance. Participants should bring appropriate clothing, two snacks, a water bottle, running shoes, and sunscreen. All participants receive pom-poms, a t-shirt, and a merit award. The participant-to-coach ratio is approximately 10:1. Participants should bring appropriate clothing, two snacks, a water bottle, running shoes, and sunscreen.

July 11 - 15	9:00 a.m. - 12:00 p.m.	\$149
Toby Chavez Field at Lower Washington Park		Class# 16819

**Skyhawks All Sport - Girls Only****Age: 6-12**

No boys allowed!!! We combine softball, soccer, basketball and volleyball into one fun-filled week, allowing young female athletes to discover and develop a passion for a variety of sports in one setting. Participants will learn the essential rules, strategies and skills of each sport, along with vital life lessons such as teamwork and sportsmanship. Program is instructed by Skyhawks highly trained local female coaches. All participants receive a t-shirt, ball and a merit award. Participant-to-coach ratio is 10:1

June 27 - July 1	9:00 a.m. - 12:00 p.m.	\$149
Toby Chavez Field at Lower Washington Park		
Ages 6 - 8	Class# 16813	
Ages 9 - 12	Class# 16814	

## All Sports Adventure Camp

**Entering 1 - 3 grades**

Learning sports at a young age is key to the self confidence that leads to a lifetime of physical activity. The ARPD All Sports camp gives children an introduction to soccer, basketball, volleyball and other fun activities. Our enthusiastic and experienced staff guides this multi-sport camp to provide a safe and fun environment.

<b>June 27 - July 1</b>	<b>9:00 a.m. - 12:00 p.m.</b>	<b>Class# 16853</b>
\$125	St. Joseph's Gym / Rittler Park	

## Jordan Richter's Skate Camp

**Age: 6 - 12**

Alameda Recreation and Park Department is now offering weeklong summer skate camps in partnership with the Jordan Richter Skateboarding Academy! Perfect for the younger skater, our half-day skate camps teach basic and advanced techniques of skateboarding, including proper balance, pushing, carving, Ollie's, and how to safely navigate the skate park. We keep each day fun and exciting with games, DIY workshops and contests. Your child will get a boost in self-confidence as he/she overcomes each day's challenges on the board!

Please Note: Helmet, elbow pads, and kneepads are required. A quality skateboard purchased from a specialty skateboard shop is highly recommended.

<b>9:00 a.m. - 12:00 p.m.</b>	<b>\$149 per session</b>
City View Skate Park (Alameda Point) 1177 West Redline Ave.	
Session	Class #
June 20 - June 24	16795
June 27 - July 1	16796
July 11 - July 15	16797
July 18 - July 22	16798
Aug 1 - Aug 5	16799
Aug 8 - Aug 12	16800



## National Academy Of Athletics All Sorts Of Sports

**Age: 7 - 13**

A great way to introduce your youngsters to the world of sports, teamwork and athletics! This camp will help to build your child's motor control, hand-eye coordination, agility and many other sports related skills. Your child will have a blast playing games with the other children including: T-ball, basketball, soccer, flag football, capture the flag, relay & obstacle races and a whole lot more. This camp will feature different activities so that by the end of the week your child will be familiar with a variety of athletic activities!

<b>Monday - Friday</b>	<b>August 1 - 5</b>	<b>9:00 a.m. - 3:00 p.m.</b>
<b>Location</b>	<b>Alameda Point Gym and Multi - Purpose Field</b>	
Ages 7-9	Class# 16830	\$195
Ages 10-13	Class# 16831	\$195

## Junior Golf Camps

**Age: 7 - 17 • See page 37**

## VB Match Volleyball Camp

**Age: 7 - 13**

ARPD and VB match have partnered to offer the Youth Volleyball Camp. The camp will provide fundamental skill instruction coupled with drills to help reinforce the new skills learned. At the end of the week students will progress to playing simulated games. For more information please visit vbmatch.com

10:00 a.m. - 1:00 p.m.	\$180	Alameda Point Gym
June 27 - July 1	Class # 16807	
July 11 - 15	Class # 16808 GIRLS ONLY!	
August 8 -12	Class # 16809	



**YOUTH CONTINUED ON PAGE 30**

## FACILITY & PARK RENTALS

### ARPD Main Office

2226 Santa Clara Ave., 747-PLAY, ARPD@alamedaca.gov

### Park & Facility Issues Line

To report an issue in a park or facility 747-7542

### Albert H. DeWitt O'Club

641 West Redline Ave., Alameda Point

A beautiful, historic facility available for parties, weddings, special events and family functions. The facility features wood paneling, crystal chandeliers, and a parquet dance floor. The O'Club is an ideal venue for wedding receptions, banquets, social gathering and conferences. Rental fee includes room set-up, janitorial service and staff supervision. Seats up to 250 people.

#### Resident Private Rental Fees (4 hour minimum)

Main Dining Room (250 max)	\$180/hour
Trident Room (120 max)	\$150/hour
Terrace Room (90 max)	\$120/hour
Squadron Room (50 max)	\$60/hour
Security deposit applies to all rentals	\$750
Other fees may apply	



### Recreation Centers at Bayport, Leydecker & Lincoln Parks

Recreation Centers are available to individuals and organizations and are ideal for private parties, birthdays, showers, dinners and other social functions.

Resident Private Rental Fee (2 hour min)	\$90/hour
Security deposit	\$300
Additional fee structure and other fees may apply.	

### Picnic Areas and Athletic Fields

These are available to individuals and organizations. Alcohol is not permitted. Picnic tables available at the following parks: Franklin, Godfrey, Krusi, Leydecker, Lincoln, Littlejohn, Shoreline, Tillman and Washington. Picnic areas may be reserved from 9:00am – 8:00pm.

Resident Private Rental Fee  
(3 hour min)

\$30-80/hour  
depending on number of tables

Other fees may apply

**Contact Katherine at (510) 747-7576  
for facility rental information.**

**Reservations accepted in the ARPD Office  
(2226 Santa Clara Ave., Alameda)  
or e-mail your facility use permit with  
payment to arpd@alamedaca.gov.**

**All facility reservations must be made at  
least 7 working days in advance.**

## ADDITIONAL FACILITIES AVAILABLE TO THE PUBLIC

### Encinal & Grand Street Boat Ramps

ARPD maintains two free public boat launching ramps. Both Boat Ramps include a launching ramp, restrooms, and automobile and trailer parking. The Grand Street Boat Ramp also includes a fishing pier and fish cleaning facilities.

### Bill Osborne Model Airplane Field

Free flying lessons are held from 8:30am – 11:30am Sundays by appointment only, weather permitting. Equipment provided by Aero-nuts. For more info, visit [www.aero-manics.com](http://www.aero-manics.com). Fees are not required for flying model airplanes but proof of personal liability insurance is required.





# FACILITIES & PARKS

ENJOY  
ALL THAT THE  
CITY OF  
ALAMEDA  
HAS TO  
OFFER!



## CLASS LOCATIONS

Alameda Ballet Academy	(510) 337-1929 1402 Park Street
Alameda Community Sailing Center	Encinal Boat Ramp
Alameda High School	2201 Encinal Ave.
Dance/10 Performing Arts Center	(510) 522-5678 900 Santa Clara Avenue
Encinal High School	210 Central Ave.
Encinal Yacht Club	1251 Pacific Marina
Island Hawaiian Studios	1122 Lincoln Ave.
Mike's Paddle	1150 Ballena Blvd. Suite 121
Redux Studios and Gallery	2315 Lincoln Ave.
Ruby's Tumbling	(510) 337-0846 2333 Clement Avenue
USS Hornet Museum	707 W Hornet Ave.

## ARPD Main Office

2226 Santa Clara Ave.  
747-PLAY

[ARPD@alamedaca.gov](mailto:ARPD@alamedaca.gov)

[www.alamedaca.gov/recreation](http://www.alamedaca.gov/recreation)

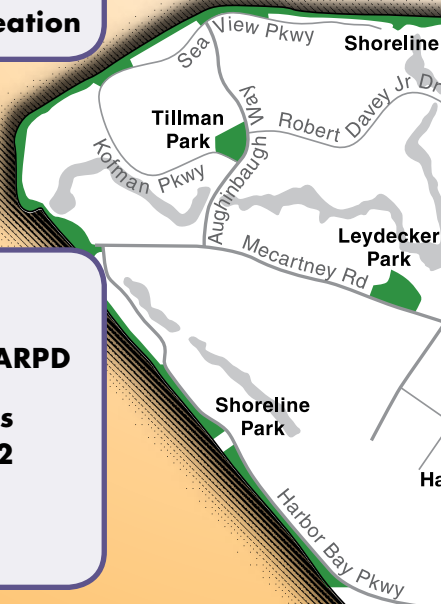
## Online registration:

[www.arpdeplay.com](http://www.arpdeplay.com)

[www.facebook.com/playARPD](https://www.facebook.com/playARPD)

**Park and facility issues**  
- after hours 747-7542

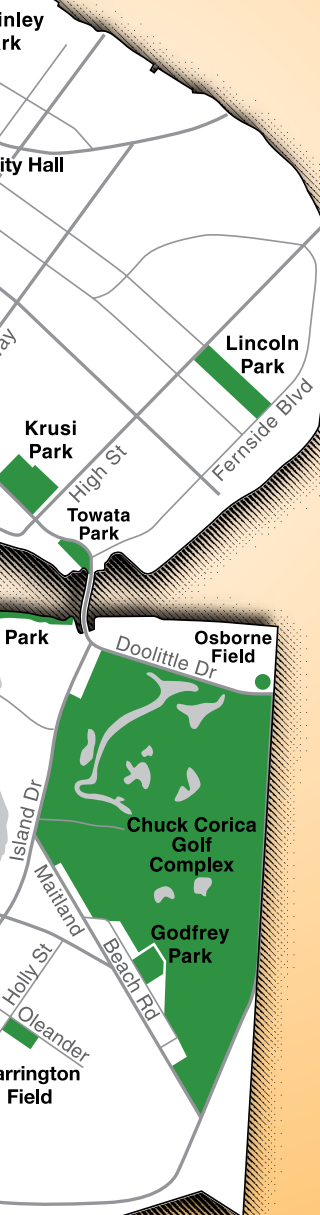
**Field Condition Hotline**  
- after 2pm 747-7540



# FACILITIES & PARKS

## FACILITY & PARK LOCATIONS

<b>Alameda Point Gym &amp; Multi-purpose Field</b>	<b>1101 West Redline Ave.</b>	<b>747-PLAY</b>
<b>Bayport Park</b>	<b>301 Jack London Ave.</b>	<b>263-1428</b>
<b>City View Skate Park (Alameda Point)</b>	<b>1177 West Redline Ave.</b>	
<b>Chuck Corica Golf Complex</b>	<b>1 Clubhouse Memorial Dr.</b>	<b>747-7800</b>
<b>Dog Park</b> (Robert Crown Memorial Beach)	<b>next to Washington Park Tennis Courts</b>	
<b>Emma Hood Swim Center</b>	<b>2256 Alameda Ave.</b>	<b>522-8107</b>
<b>Encinal Boat Ramp</b>	<b>Central Ave. behind Encinal High</b>	
<b>Encinal Swim Center</b>	<b>230 Central Ave.</b>	<b>522-4590</b>
<b>Estuary Park</b>	<b>200 Mosley Ave</b>	
<b>Franklin Park</b>	<b>1432 San Antonio Ave.</b>	<b>522-3132</b>
<b>Godfrey Park</b>	<b>281 Beach Rd.</b>	<b>521-1551</b>
<b>Grand Street Boat Ramp</b>	<b>North End of Grand St.</b>	
<b>Harrington Field</b>	<b>3400 Oleander Ave.</b>	
<b>Jackson Park</b>	<b>2430 Encinal Ave.</b>	
<b>Jean Sweeney Open Space Park</b>	<b>1925 Sherman St.</b>	
<b>Krusi Park</b>	<b>900 Mound St.</b>	<b>522-4341</b>
<b>Leydecker Park</b>	<b>3225 Mecartney Rd.</b>	<b>521-1266</b>
<b>Lincoln Park/Harrison Center</b>	<b>1450 High St.</b>	<b>523-6222</b>
<b>Littlejohn Park</b>	<b>1401 Pacific Ave.</b>	<b>523-1510</b>
<b>Longfellow Park</b>	<b>520 Lincoln Ave.</b>	<b>522-5262</b>
<b>Main Street Dog Park</b>	<b>Main St. &amp; Navy Wy.</b>	
<b>Main Street Linear Park</b>	<b>Main St.</b>	
<b>Main Street Soccer Field</b>	<b>Main St. &amp; Appezzato Pkwy.</b>	
<b>Marina Cove Waterfront Park</b>	<b>1591 Clement Ave.</b>	
<b>Mastick Senior Center</b>	<b>1155 Santa Clara Ave.</b>	<b>747-7500</b>
<b>McKinley Park</b>	<b>2165 Buena Vista Ave.</b>	<b>522-6161</b>
<b>Neptune Park</b>	<b>2301 Webster St.</b>	
<b>O'Club</b>	<b>641 West Redline Ave.</b>	<b>747-PLAY</b>
<b>Bill Osborne Model Airplane Field</b>	<b>Doolittle Dr. at Harbor Bay Parkway</b>	
<b>Rittler Park</b>	<b>1400 Otis Dr.</b>	
<b>Shoreline Park</b>	<b>2801 Seaview Parkway</b>	
<b>Tillman Park</b>	<b>220 Aughinbaugh Wy.</b>	<b>521-8307</b>
<b>Towata Park</b>	<b>3315 Bridgeway Isle</b>	
<b>Underground Teen Center</b>	<b>Veteran's Building, Rm 170</b>	<b>748-9466</b>
<b>Veteran's Memorial Building</b>	<b>2203 Central Ave.</b>	<b>864-4017</b>
<b>Washington Park</b>	<b>740 Central Ave.</b>	<b>521-0162</b>
<b>Woodstock Park</b>	<b>351 Cypress St.</b>	<b>521-0656</b>



## ENRICHMENT

**NEW**

### Keiki 'Ukulele for Boys and Girls

Strummers will be introduced to basic 'ukulele strumming and technique, as well as proper care and storage of your 'ukulele. All strummers need their own 'ukulele. You'll learn a couple of simple songs that will be presented at our Summer Showcase.

Age: 8-12	Class # 16962	
Monday	June 20, 27, July 11, 18, 25, Aug. 1, 8, 11 (showcase Aug. 11)	
5:15p.m. – 5:45p.m.	No. of classes: 8	Fee: \$103
Instructor: Lani Cid-Julio	Island Hawaiian Studios, 1122 Lincoln Ave.	

### Keiki Hula for Boys and Girls

Dancers will be introduced to hula basics as well as interesting facts about Hawai'i. You'll learn a simple dance and perform it at our Summer Showcase. Please wear a t-shirt and stretch knit shirts for movement with ease.

Age: 5-12	Class # 16963	
Wednesday	June 21 – Aug. 9	
5:00p.m. – 5:45p.m.	No. of classes: 8	Fee: \$123
Instructor: Lani Cid-Julio	Island Hawaiian Studios, 1122 Lincoln Ave.	

### Introduction to Taiko Drums

Age: 10+ • See page 43

### Intermediate Taiko Drums

Age: 10+ • See page 43



## FITNESS

### Kids Gymnastics

Ruby's Tumbling is a family owned business for more than 27 years. A fun classroom setting for future gymnasts designed to teach them the early stages of balance, coordination, flexibility and strength. Watch them gain confidence with every step.

Age: 12 mos. – 24 mos. (with parent participation)		
Class # 16958	Tuesday	June 21 – July 26
9:15a.m. – 10:00a.m.	No. of classes: 6	Fee: \$93
Instructor: Ruby Gama	Ruby's Tumbling; 2333 Clement Ave.	
Age: 2 – 3 yrs. (with parent participation)		
Class # 16959	Tuesday	June 21 – July 26
10:15a.m. – 11:00a.m.	No. of classes: 6	Fee: \$93
Instructor: Ruby Gama	Ruby's Tumbling; 2333 Clement Ave.	
Age: 3 yrs. – 5 yrs.		
Class # 16960	Thursday	June 23 – July 28 No class 6/30
11:15a.m. – 12:00p.m.	No. of classes: 5	Fee: \$84.25
Instructor: Ruby Gama	Ruby's Tumbling; 2333 Clement Ave.	
Age: 3 yrs. – 5 yrs.		
Class # 16961	Wednesday	June 22 – July 27 No class 6/30
5:15p.m. – 6:00p.m.	No. of classes: 5	Fee: \$84.25
Instructor: Ruby Gama	Ruby's Tumbling; 2333 Clement Ave.	

### Omega Martial Arts (parent participation optional)

Learn to combine striking with grappling for self-defense, fitness and personal development. Parents/ Guardians are welcome to enroll with their children. Children are also welcome to enroll without a parent. A mixed martial arts class for the whole family! All abilities and experience welcome.

Age: 6 +	Class # 16957	
Monday & Wednesday	June 20 – Aug. 26	5:00p.m. – 6:00p.m.
No. of classes: 19	Fee: \$193	
Instructor: Carlo Valero	Veteran's Bldg., Rm. 250	

### Intro to Stand Up Paddling Age: 10+ See page 45





## SPORTS

**Kidz Love Soccer****Age: 2 - 10**

Since 1979, Kidz Love Soccer has been dedicated to teaching children the world's most popular sport within a nurturing, recreational environment. A typical session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience soccer fun in a safe, non-competitive environment. Please bring Shin Guards and a water bottle. All participants receive a soccer ball and KLS jersey. KLS class status hotline (888) 372-5803



<b>Wednesdays</b>	<b>June 29 – August 17</b>	<b>\$112</b>
<b>Location</b>	<b>Upper Washington Park</b>	
Soccer Skillz & Scrimmages (7-10yrs)		
3:45 – 4:30pm	Class# 16840	
Soccer 1 Techniques and Teamwork (5-6yrs)		
4:30 – 5:15pm	Class# 16837	
Tot/Pre-Soccer (3.5-5yrs)		
5:15 – 5:50pm	Class# 16838	
Mommy/Daddy & Me Soccer (2-3.5yrs)		
6:00 - 6:30pm	Class# 16843	

<b>Saturdays</b>	<b>July 9 – August 27</b>	<b>\$112</b>
<b>Location</b>	<b>Upper Washington Park</b>	
Tot/Pre-Soccer (3.5-4yrs)		
9:15 - 9:50am	Class# 16835	
Soccer 1 Techniques and Teamwork (5-6yrs)		
9:50 - 10:35am	Class# 16836	
Soccer Skillz & Scrimmages (7-10yrs)		
10:35 - 11:20am	Class# 16839	
Mommy/Daddy & Me Soccer (2-3.5yrs)		
11:30 - 12:00pm	Class# 16842	

<b>Soccer Camp: Mon - Fri</b>	<b>June 20 - June 24</b>	<b>\$159</b>
<b>Location</b>	<b>Upper Washington Park</b>	
Level 1 (4.5-6yrs)	9:00 - 12:00pm	Class# 16844
Level 2 (7-8yrs)	9:00 - 12:00pm	Class# 16845
Level 3 (9-10yrs)	9:00 - 12:00pm	Class# 16846

**Skyhawks Tot Track & Field****Age: 3 - 5 • See page 11****Syhawks Tot Baseball****Age: 3 - 5 • See page 11****10 and Under Tennis****Age: 5 - 10 • See page 40****Golf - Introduction to Golf Classes****Age: 6 - 17 • See page 37****Golf - Junior Group Class Level I****Age: 7 - 17 • See page 37****T-Shirt Baseball League****Grade: K-5**

The Alameda Recreation and Park Department is proud to team up with the Alameda Elk's Lodge #1015 to present our FREE Summer Youth Recreational Baseball Program. A non-competitive baseball program for girls and boys who will complete kindergarten to 5th grades as of Summer 2016. All grade levels will have practices and game play. The focus of this program is on leadership, integrity, confidence, team work, learning the game of baseball, and most importantly having a good time! Each participant receives a vintage style t-shirt representing his/her park team. Teams will be forming at Bayport, Franklin, Lincoln, Tillman, and Washington Parks.

June 23rd – August 12th		Free of Charge
Tuesday practices, game days to be determined		
	K-2nd	3rd-5th
Bayport	16785	16790
Franklin	16786	16791
Lincoln	16787	16792
Tillman	16788	16793
Washington	16789	16794



## ADVENTURE CAMP

## Tween Summer Adventure Camp

Completed Grade 5 - 8

Monday through Friday from 7:30 a.m. to 5:30 p.m.  
(trip times will vary)

The 2016 Tween Summer Adventure Camp is almost HERE!! Our week long sessions are FUN, engaging, educational and recreational. Each week of this affordable and well-supervised program includes 2 AWESOME trips, plus local walking excursions, arts and crafts, sports, outdoor physical games, special events and much more! Your tween will make new friends, try new and exciting activities and leave with amazing memories.



Registration is available per week (no single days allowed). Full payment is required at time of registration and due prior to start of each week. Trip times are subject to change. Please send your child with a packed lunch, unless notified otherwise. **Pick-up and drop-off for trips takes place at the Underground Teen Center, unless noted otherwise** (2203 Central Avenue at Walnut Street). On non-trip days, Camp is located at McKinley Park (2165 Buena Vista Avenue at Walnut Street). Drop-off is as early as 7:30 a.m. and pick-up no later than 5:30 p.m.

**Enroll early and take advantage of the Early Bird Rate!** If you enroll by June 1 you will receive \$20.00 off of the regular rate for the week session! \*Please see early bird and regular rates below.

**Withdrawal Fee: \$40**

Must be made by the Friday prior to the first day of camp by 12 noon. No refunds issued thereafter.

**Late pick-ups are \$1 per minute**, per child; payable to ARPD staff that day.

**Parents must indicate:**

- 1) whether their tween must remain with a leader on the trips, or if he/she has permission to stay with a buddy and check-in with leaders at designated times; and,
- 2) whether or not their tween may sign-in and sign-out each day.

Parent/guardian email address must be provided at registration. ARPD Teen Staff will send important information to parents/guardians the day before each trip (what to bring, drop-off times, waiver information, etc.).

**Early Bird Fee until June 1 • Regular Fee after June 1**

\*\*Trips require an additional Release of Liability form from our vendors.

**Visit ARPD or our website for more information.**  
**All details subject to change.**

Week 1	June 27 - July 1	Class #17088
Early Bird Fee	\$225 Resident	\$245 Non-Resident
Regular Fee	\$245 Resident	\$265 Non-Resident
Mon.	McKinley Park	7:30 a.m. - 5:30 p.m.
Tue.	Stacked Adventures Kayaking, Alameda**	9:00 a.m. - 5:30 p.m.
Wed.	McKinley Park	7:30 a.m. - 5:30 p.m.
Thurs.	Great America, Santa Clara	8:30 a.m. - 7:00 p.m.
Fri.	McKinley Park	7:30 a.m. - 5:30 p.m.

Week 2	July 5 - July 8 (no program Mon, July 4)	Class #17089
Early Bird Fee	\$185 Resident	\$205 Non-Resident
Regular Fee	\$205 Resident	\$225 Non-Resident
Tue.	Trapeze Arts, Oakland** (drop-off & pick-up at McKinley Park)	9:00 a.m. - 5:30 p.m.
Wed.	McKinley Park & Movie	7:30 a.m. - 5:30 p.m.
Thurs.	Santa Cruz Beach Boardwalk	9:00 a.m. - 7:30 p.m.
Fri.	McKinley Park	7:30 a.m. - 5:30 p.m.

Week 3	July 11 - July 15	Class #17090
Early Bird Fee	\$215 Resident	\$235 Non-Resident
Regular Fee	\$235 Resident	\$255 Non-Resident
Mon.	McKinley Park	7:30 a.m. - 5:30 p.m.
Camping trip orientation for parent/guardian and teen at McKinley Park		5:30 p.m. - 6:15 p.m.
Tue.	Camping at Lake Del Valle, Livermore	Leave at 9:00 a.m.
Wed.	Overnight	Overnight
Thurs.	Pick-up at Teen Center	Return at 4:00 p.m.
Fri.	McKinley Park	7:30 a.m. - 5:30 p.m.

Week 4	July 18 - July 22	Class #17091
Early Bird Fee	\$220 Resident	\$240 Non-Resident
Regular Fee	\$240 Resident	\$260 Non-Resident
Mon.	McKinley Park	7:30 a.m. - 5:30 p.m.
Tue.	Berkeley Ironworks (climbing gym)**	9:00 a.m. - 5:30 p.m.
Wed.	McKinley Park	7:30 a.m. - 5:30 p.m.
Thurs.	Waterworld California, Concord	9:00 a.m. - 7:00 p.m.
Fri.	McKinley Park	7:30 a.m. - 5:30 p.m.

# CAMPS & TRIPS - TEEN/TWEEN

CAMPS

**Early Bird Fee until June 1 • Regular Fee after June 1**

\*\*Trips require an additional Release of Liability form from our vendors.

**Visit ARPD or our website for more information.  
All details subject to change.**

Week 5	July 25 - July 29	Class #17092
Early Bird Fee	\$275 Resident	\$295 Non-Resident
Regular Fee	\$295 Resident	\$315 Non-Resident
Mon.	McKinley Park	7:30 a.m. - 5:30 p.m.
Tue.	House of Air, San Francisco**	9:00 a.m. - 5:30 p.m.
Wed.	McKinley Park	7:30 a.m. - 5:30 p.m.
Thurs.	Whitewater Excitement, Lotus**	7:00 a.m. - 8:00 p.m.
Fri.	McKinley Park	7:30 a.m. - 5:30 p.m.

Week 6	Aug. 1 - Aug. 5	Class #17093
Early Bird Fee	\$240 Resident	\$260 Non-Resident
Regular Fee	\$260 Resident	\$280 Non-Resident
Mon.	McKinley Park	7:30 a.m. - 5:30 p.m.
Tue.	Santa Clara Paintball**	8:30 a.m. - 5:30 p.m.
Wed.	McKinley Park	7:30 a.m. - 5:30 p.m.
Thurs.	Six Flags Discovery Kingdom, Vallejo	9:00 a.m. - 7:00 p.m.
Fri.	McKinley Park	7:30 a.m. - 5:30 p.m.

Week 7	Aug. 8 - Aug. 12	Class #17094
Early Bird Fee	\$175 Resident	\$195 Non-Resident
Regular Fee	\$195 Resident	\$215 Non-Resident
Mon.	McKinley Park	7:30 a.m. - 5:30 p.m.
Tue.	Lost Worlds Adventures, Livermore (Laser Tag, Mini-Golf, Arcade)	9:00 a.m. - 5:30 p.m.
Wed.	McKinley Park	7:30 a.m. - 5:30 p.m.
Thurs.	Oakland A's Game	9:00 a.m. - 5:30 p.m.
Fri.	McKinley Park	7:30 a.m. - 5:30 p.m.

Week 8	Aug. 15 - Aug. 17 (Mon. - Weds. ONLY)	Class #17095
Early Bird Fee	\$110 Resident	\$130 Non-Resident
Regular Fee	\$130 Resident	\$150 Non-Resident
Mon.	McKinley Park	7:30 a.m. - 5:30 p.m.
Tue.	Exploratorium/ Pier 39, San Francisco	9:00 a.m. - 5:30 p.m.
Wed.	McKinley Park	7:30 a.m. - 5:30 p.m.

**Junior Golf Camps**  
Age: 7 - 17 • See page 37

## DAY TRIPS

### Summer Day Trips

**Completed Grades 5 - 11**

Join ARPD for an exciting and affordable Summer Day Trip! With a wide variety of trips, we've got something for everybody! Join your friends, or make new ones.

Register soon, space is extremely limited!

**Pick-up and drop-off is at the Underground Teen Center (2203 Central Avenue at Walnut Street) unless noted otherwise.**

If you have questions, please call (510) 747-7529. See "Tween Summer Adventure Camp" section for trip times. \*Trip times are subject to change.

**Withdrawal Fee: \$25** (must be made 24 hours in advance of trip start time). A \$25 fee is assessed to withdraw your tween/teen from a trip, and must be requested no later than 24 hours prior to trip start time. No refunds will be issued for withdrawals made within 24 hours of trip start time.

**Late pick-ups** are \$1 per minute, per child; payable that day.

Date	Summer Day Trip	Cost
June 28	Stacked Adventures Kayaking, Alameda**	\$70 Res/\$80 Non-Res
June 30	Great America, Santa Clara	\$70 Res/\$80 Non-Res
July 5	Trapeze Arts, Oakland** (drop-off & pick-up at McKinley Park, 2165 Buena Vista Ave.)	\$65 Res/\$75 Non-Res
July 7	Santa Cruz Beach Boardwalk	\$65 Res/\$75 Non-Res
July 12 - 14	Lake Del Valle, Livermore Overnight Camping Trip, <b>Orientation for Camping Trip on Monday, July 11 from 5:30p.m. - 6:15pm at McKinley Park</b>	\$160 Res/\$170 Non-Res
July 19	Berkeley Ironworks** (Climbing Gym)	\$65 Res/\$75 Non-Res
July 21	Waterworld California, Concord	\$65 Res/\$75 Non-Res
July 26	House of Air, San Francisco** (Trampoline Park)	\$65 Res/\$75 Non-Res
July 28	Whitewater Excitement, Lotus** (Whitewater Rafting)	\$120 Res/\$130 Non-Res
August 2	Santa Clara Paintball**	\$85 Res/\$95 Non-Res
August 4	Six Flags Discovery Kingdom, Vallejo	\$65 Res/\$75 Non-Res
August 9	Lost Worlds Adventures, Livermore (Laser Tag, Mini-Golf, Arcade)	\$45 Res/\$55 Non-Res
August 11	Oakland A's Game	\$40 Res/\$50 Non-Res
August 16	Exploratorium/ Pier 39, San Francisco	\$55 Res/\$65 Non-Res

\*\*Trips require an additional Release of Liability form from our vendors.

**Visit ARPD or our website for more information;  
all details subject to change.**



## VOLUNTEER PROGRAMS

### Summer Teen Volunteer Program: Application & Training

#### Incoming grades 7 - 12

If you're looking for an opportunity to give back to your community, gain valuable leadership experience, prepare for a future job AND have lots of fun...then look no further! The Summer Teen Volunteer Programs with Alameda Recreation and Park Department offer a wide variety of volunteer opportunities. Teen volunteer applicants may choose the program where they would like to volunteer depending on their interest and availability (all choices listed below). Volunteer hours may be used to fulfill school community service requirements.

All applicants must sign-up for, and participate in a group interview (with the exception of Operation Green Sweep applicants). Available interview dates are listed below. Interviews do not guarantee acceptance into the Summer Teen Volunteer Programs. Upon selection, all volunteers must attend a mandatory training (make-up training date not available). Applications are available in the ARPD office, and in the "Teens & Tweens" section of our website at [alamedaca.gov/recreation](http://alamedaca.gov/recreation). **Applications must be submitted to the Recreation and Park Department, 2226 Santa Clara Ave. Applications are due by Monday, May 2. Limit 24 students per training session (not including Operation Green Sweep).**

**Parents/Guardians:** It is highly recommended that your tween/teen is responsible for all correspondence regarding the Summer Teen Volunteer Programs; starting with the application process and continuing throughout their volunteer service. This program strives to prepare your child for his/her first job. We feel that the more responsibility that volunteers have in the successful execution of completing their service, the better prepared he or she will be to apply for jobs and enter the work force. When at all possible, please ask your teen/tween to call, email, organize, and initiate! Your cooperation is greatly appreciated. **Questions? Please direct your teen/tween to speak with Shawn Smith, Recreation Services Specialist: email: [sdsmith@alamedaca.gov](mailto:sdsmith@alamedaca.gov), phone: 510-747-7555.**



#### Group Interview Dates

Teens will choose one interview date to attend. Interview is for candidates only, no parents please!

Thursday	May 5	4:00 - 4:45 p.m.
Tuesday	May 10	4:00 - 4:45 p.m.
Thursday	May 19	4:00 - 4:45 p.m.

Veterans Memorial Building, Rm. 390

#### Mandatory Training Date for Selected Volunteers

Thursday	May 26, 2016	4:00 - 5:30 p.m.
Class# 16678	\$45 (includes t-shirt)	

Veterans Memorial Building, Rm. 390

### Summer Teen Volunteer Program: Available Programs

#### Operation Green Sweep

Help to maintain and beautify our city parks and community centers! Duties include (but are not limited) to park clean-up, light trash removal, weeding, planting, washing etc. Equipment provided. Transportation is provided to and from park sites from the Underground Teen Center at the Veteran's Memorial Building (2203 Central Ave.) Registrations taken until program is full. Program will be held weather-permitting.



Mon. & Wed.	10:00 a.m. - 1:00 p.m.	
Session 1	June 27 - July 13 (no program Monday, July 4)	No. of Dates: 5
Session 2	July 18 - August 10	No of Dates: 8
Veteran's Memorial Building, 2203 Central Avenue		
*Participants may choose sign-up for both sessions, depending on availability. *No interview required		

#### World of Wonder (WOW)

Volunteer to assist ARPD Program Leaders lead activities with WOW campers, Ages 5 - 11. WOW volunteers get hands-on experience working with youth. Activities include (but are not limited to) cooking, crafts, games, drama, nature, swimming, walking excursions, and much more! Volunteers report to ARPD staff, and act as positive role models for youth participants. Volunteers sign-up for 1 week long session minimum, and 3 week long sessions maximum. Volunteer may choose one shift per week long session; morning OR afternoon. Limit of 4 volunteers per shift, assigned on first come first served basis. See shift times, session dates and locations below.

<b>SHIFT:</b> Choose ONE shift	
Morning: 10:00 a.m. – 1:00 p.m.	Afternoon: 2:00 p.m. – 5:00 p.m.
<b>SESSIONS:</b> Choose ONE session minimum, THREE sessions maximum	
Session 1: June 27 – July 1	Session 2: July 5 – July 8 (no program July 4)
Session 3: July 11 – July 15	Session 4: July 18 – July 22
Session 5: July 25 – July 29	Session 6: August 1 – August 5
Session 7: August 8 – August 12	
<b>LOCATIONS:</b> Choose ONE location OR the other (combinations not permitted)	
Godfrey Park WOW or	Washington Park WOW

## Aquatics at Encinal Swim Center

Are you a swimmer and an aspiring Lifeguard? If so, volunteering with the ARPD Aquatics program may be for you! Volunteers in the Aquatics programs will spend their time in the pool assisting ARPD staff with youth swim lessons at Encinal Swim Center. Volunteers may choose which session they would like to volunteer. See times and session dates below.



Monday – Thursday	3:30p.m. – 6:00p.m.	Encinal Swim Center
Session 1	June 20 – July 7 (no program July 4)	No of Dates: 11
Session 2	July 11 – July 28	No. of Dates: 12
Session 3	August 1 – August 11	No. of Dates: 8

## Summer Park Baseball

Calling all baseball players and baseball enthusiasts! Help boys and girls in grades K – 5 learn the game of baseball while focusing on leadership, integrity, confidence and team work. Volunteers are asked to volunteer at as many practices and games as possible. Volunteers may choose which Park that they would like to volunteer.

Tuesday (Practices) & Thursday (Games) Afternoons	
June 28 – August 6	Times TBD
Park Sites: Bayport, Franklin, Lincoln, Tillman, Washington	

**\*Volunteer opportunities may extend to other ARPD programs. Inquiries about specific programs must be made in writing and brought to group interview.**



## WE WANT YOU!

### Alameda Youth Committee Grades 6 – 12

The Alameda Youth Committee (AYC) is currently recruiting members for the 2016 – 2017 school year! ARPD is seeking motivated and responsible 6 – 12th graders to help coordinate activities for teens, assist with community events, take action on community issues, and help with fundraising. AYC provides youth with a great opportunity to gain valuable leadership skills, make new friends and have a lot of fun! Use your creativity, experience, initiative and community spirit to make a difference in Alameda. Members are required to attend meetings regularly. AYC hours count towards school community service requirements. Applications are available at The Underground Teen Center, and on our website at [alamedaca.gov/recreation](http://alamedaca.gov/recreation)

Meetings are most **1st and 3rd Wednesdays**,  
schedule provided in the fall

First meeting on September 7      4:00 p.m. – 5:00 p.m.

Veteran's Memorial Building, 2203 Central Avenue, Room 390





# TEEN/TWEEN - ENRICHMENT & TEEN CENTER

## ENRICHMENT

### Driver Education Internet Study

Are you tired of asking your parents for a ride? Are you at least 15 years old? If so, this class is for you! This is an interactive online course with videos, animated driving scenarios and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. Receive DMV-approved Certificate of Completion. This class is a requirement for teens under 18 years old to obtain a learner's permit and driver's license. A licensed instructor is available to answer any questions. Sign up anytime and take the online course at a time convenient for your schedule. Upon registration, please notify Recreation Service Specialist, Shawn Smith, at [sdsmith@alamedaca.gov](mailto:sdsmith@alamedaca.gov).

Age: 15+	Class # 17084	Fee: \$48
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### Babysitter's Training

Learn the basics of being a responsible babysitter and be certified through the American Red Cross. Class includes basic care of infants and toddlers from feeding to changing. Teens learn age-appropriate activities, first-aid awareness, how to prevent accidents, and how to handle emergencies. The Child/Infant CPR section will train the babysitter to act in emergency situations, to recognize and care for life threatening respiratory or cardiac emergencies in infants and children (offered during 2 day class only).

Upon completion of the May classes each participant will receive an American Red Cross Babysitter's Training Card. Upon completion of the July classes and satisfactory passing an exam, each participant will receive: 1) American Red Cross Babysitter's Training Card and 2) Child/Infant CPR card. These popular classes are limited to 15 students, so sign up early!

<b>Age: 11 - 15</b>	<b>Class # 17083</b>	
<b>American Red Cross Training Card AND Child/ Infant CPR card MUST ATTEND BOTH DAYS!</b>		
Wed & Thu	July 13 - July 14	10:00a.m. - 5:00p.m.
No. of classes: 2	Fee: \$130 / \$150 after June 10, 2016	
Instructor: Deanna Huie		McKinley Park
<b>Age 11 - 15</b>	<b>Class # 17082</b>	
<b>American Red Cross Training Card ONLY</b>		
Thursdays	May 12 and May 19	3:30p.m. - 7:30p.m.
No. of classes: 2	Fee: \$80	
Instructor: Deanna Huie		Vet's Bldg. Room 390

**See Special Needs Services** **FREE**  
**on page 39**  
**for "Friends Connect" social club**  
**for teens/tweens**  
**with developmental disabilities.**

## TEEN CENTER

### The Underground - Summer

**Drop-In (6th - 12th Grades)**

**Open Monday - Friday: 12:00 p.m. - 5:00 p.m.**

For all incoming 6th-12th graders in Alameda  
 Veteran's Memorial Building, 2203 Central Ave.,  
 downstairs in Room 170

The Underground Teen Center provides a safe place for tweens and teens to have fun, socialize with friends, and participate in active, fun and enriching activities with adult supervision. The UTC has a big screen TV, pool table, video games, ping pong/shuffleboard, board games, music, and a snack bar. There is no charge to visit The Underground, however some activities may require a small materials fee. Participants need to register at the Center and must sign-in and sign-out on a daily basis.

## MORE ENRICHMENT

### Introduction to Taiko Drums

**Age: 10+ • See page 43**

### Intermediate Taiko Drums

**Age: 10+ • See page 43**

### 'Ukulele

**Age: 13+ • See page 43**

### Hula for Men and Women

**Age: 13+ • See page 43**

### Tahitian Dance Basics for Men and Women

**Age: 13+ • See page 44**

### Tahitian Drumming for Men and Women

**Age: 13+ • See page 44**

## MORE FITNESS

### Golf - Introduction to Golf Classes

**Age: 6 - 17 • See page 37**

### Golf - Junior Group Class Level I

**Age: 7 - 17 • See page 37**

### Intro to Stand Up Paddling

**Age: 10+ • See page 45**



## CHUCK CORICA GOLF COMPLEX

1 Clubhouse Memorial Drive  
747-7800 • [www.alamedagolf.com](http://www.alamedagolf.com)

**A golfers destination with 45 holes** of challenging, yet enjoyable golf, a staff of PGA Professionals, pro shop, night lighted driving range, teaching academy, practice areas, restaurant, lounge and 9-hole Mif Albright course. Perfect for beginners and seniors.

**The Earl Fry (North) and Jack Clark (South) Courses** offer two scenic and challenging championship layouts that will challenge anyone's golfing skills. Call to reserve starting times or schedule a tournament. Our staff of highly trained professionals can provide assistance in club fitting, apparel, golf equipment, club repair and lessons. The Jack Clark (South) Course is currently closed for renovation. Rees Jones, "The Open Doctor", is redesigning the course and is scheduled to re-open in late 2016.

**Practice Makes Perfect...** Enjoy the 9-Hole Par-Three Course & Expansive Practice Range... Friends, families and fun are a big part of golf at Chuck Corica, designed for beginners or those wanting to improve their short game, the par-three 9-hole MIF Albright course is a perfect option for those looking for a quick golf fix. Or, maybe a little practice on one of California's largest driving ranges is what you need to get started or to lower those scores.

### Newly Renovated Lucious Bateman Driving Range

- Upgraded mats
- 13 different targets
- Grass hitting surface
- Top quality range balls
- Custom club fitting by trained experts
- Lighted driving range
- Covered hitting stalls during inclement weather

### Norma Arnerich Teaching Academy

- Private teaching stalls
- Indoor teaching center
- State of the art video equipment
- Individual and group lessons available
- Launch Monitor

Residents (without cart)	Mon. - Fri.	Sat., Sun., & Holidays
<b>General</b>	\$29.00	\$37.00
<b>Senior</b> (Age 60 & Above)	\$24.00	\$37.00
<b>Junior</b> (Earl Fry Mon-Fri after 12:00)	\$1.00	\$1.00 (after Twilight)
<b>Twilight</b> (2pm in summer & 12pm in winter)	\$24.00	\$24.00
<b>Late Twilight</b> (4pm in summer & 2pm in winter)	\$19.00	\$19.00
<b>9-holes</b> (1st 2-hours of the day)	\$19.00	\$24.00
<b>Tournament</b> (Cart included)	\$50.00	\$62.00
<b>Tournament - Senior</b> (Cart incl.)	\$37.00	\$62.00

## GOLF LESSONS

### Introduction to Golf Classes

#### Saturday Free Lesson Program • Age: 6 - 17

Curriculum is designed for the beginning junior golfer (age 6-17) with little to no experience. Areas of focus: safety, explanation of equipment, basic fundamentals, general course etiquette etc. Juniors may sign up for one (three class) session per year. A certificate of completion will be given to all graduates of this program. Classes will be limited to the first 20 juniors who sign up, so as many juniors as possible can benefit from this program.

Age: 6 - 17	Saturday	Free
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### Junior Group Class Level I

#### Age: 7 - 17

Hour long classes designed for the junior golfer (age 7-17) who has some experience or has completed the Introduction to Golf Class. Cost is \$99 per (four class) session, which will be held once a week.

Minimum of 4 students required for the class to be held.

Curriculum will include: full swing mechanics, short game, putting & golf course etiquette.

Age: 7 - 17	1 Hour Class	Fee \$99	No of classes 4
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### Junior Golf Camps

#### Age: 7 - 17

Week long camps designed for the intermediate to advanced junior golfer. Cost is \$200 per junior.

Curriculum includes: full swing instruction with video analysis, advanced short game techniques, advanced putting, mental game, on-course instruction/course management and an end-of-camp tournament. There will be tons of fun, great prizes and competitions in a great learning atmosphere!

### Adult Golf Classes

#### Get Golf Ready Program

Get Golf Ready is designed to teach everything you'll need to play golf in just five lessons. Our team of golf professionals will show you that there are lots of ways to play by combining fun, friends and fitness.

Curriculum includes: full swing mechanics, long game (woods and driver), short game, putting & golf course etiquette.



Please visit [www.alamedagolf.com](http://www.alamedagolf.com)  
or call the Pro Shop at (510) 747-7800  
to register for all of these programs  
as well as more information.

# KAYAKING - ALL AGES

## KAYAKING

**All Ages:** All minors need to be accompanied by a parent or guardian. No experience necessary; however some courses provide more instruction than others. Upon registering, please email instructor at [stackedadventures@gmail.com](mailto:stackedadventures@gmail.com) for information specific to your class.

### Learn to Kayak Series

This series will cover kayaking equipment, paddle techniques, rescues, on-land transportation and storage, kayaking planning (tides, maps, etc.) and safety. Each day will begin with on land instruction developing kayaking skills and knowledge, then tour the area practicing new skills. The goal of the series is to prepare you mentally and physically to paddle on your own with the confidence and desire to keep developing your kayaking skills at your own pace.



Age: 12+	Class # 16945	Friday
June 17, July 1, July 15, July 29		9:00a.m. – 12:00p.m.
No. of classes: 4	Fee: \$203	Instructor: Stacked Adventures
Grand St. Marina and Encinal Boat Ramp		

### Kayaking and Camping Adventure Tomaes Bay, CA

Join us for an overnight kayak camping trip that you will never forget! We will leave from Alameda, park in Marshall, CA at Nick's cove and sleep on a secluded beach in Tomaes Bay. Days will be spent kayaking, going on nature hikes, combing the beach for sea life and more! Kayaking gear and food provided. Detailed information and packing list will be provided. For all questions and more info, email [stackedadventures@gmail.com](mailto:stackedadventures@gmail.com).

Age: 13+	Class # 16946
10:00a.m. Saturday, June 25 to 11:00a.m. Sunday, June 26	
No. of classes: 1	Fee: \$278 Instructor: Stacked Adventures

### Introduction to Kayaking

This class will introduce you to all areas you need to be aware of to become a proficient kayaker. Class will cover equipment, paddle techniques, and safety. We will go through a variety of exercises designed to help everyone get comfortable while developing boat control. The day will conclude with on land discussion and debriefing of kayakers newly learned skills as well as covering next steps.

Age: 12+	Class # 16947
Saturday	Aug. 6 9:00a.m. – 1:00p.m.
No. of classes: 1	Fee: \$88
Instructor: Stacked Adventures	Encinal Boat Ramp

### Sunset and Fireworks Tour

Join us for an evening paddle unlike any other. Paddle around San Leandro Bay while checking out the local marine life under the setting sun. Then, take a break on the water while you enjoy the Oakland A's Fireworks show before heading back to land. Enjoy a combination of gorgeous natural and man-made views along the way.

Age: 12+	Class # 16948
Saturday	July 23 7:30p.m. – 10:30p.m.
No. of classes: 1	Fee: \$63
Instructor: Stacked Adventures	Towata Park

### Family Kayaking

Join us for a special kayak tour of Bay Farm Lagoon that is perfect for the little ones. Kayak in calm shallow waters using the very stable kayaks with a stop at the playground. Class will meet at the beach just beyond the playground at the cross streets of Beaufort Harbor Landing and Coleport Landing – on the lagoon. Fee covers 1 adult and 2 children, or 2 adults and 1 child.

Age: 4+	Class # 16949
Sunday	June 12 3:30p.m. – 5:00p.m.
No. of classes: 1	Fee: \$73
Instructor: Stacked Adventures	Bay Farm Lagoon

Age: 4+	Class # 16950
Sunday	July 10 9:00a.m. – 10:30a.m.
No. of classes: 1	Fee: \$73
Instructor: Stacked Adventures	Bay Farm Lagoon

Age: 4+	Class # 16951
Sunday	July 10 11:00a.m. – 12:30p.m.
No. of classes: 1	Fee: \$73
Instructor: Stacked Adventures	Bay Farm Lagoon

Age: 4+	Class # 16952
Sunday	Aug. 7 9:00a.m. – 10:30a.m.
No. of classes: 1	Fee: \$73
Instructor: Stacked Adventures	Bay Farm Lagoon

Age: 4+	Class # 16953
Sunday	Aug. 7 11:00a.m. – 12:30p.m.
No. of classes: 1	Fee: \$73
Instructor: Stacked Adventures	Bay Farm Lagoon



# KAYAKING & SPECIAL NEEDS

## Kayak and Dine

Spend an evening touring the Estuary, circling Coast Guard Island and enjoying the marine life. Kayakers will break for dinner at Quinn's Lighthouse. Enjoy the sea breeze, sunshine and local cuisine before returning home under the setting sun.

Age: 12+	Class # 16954	
Sunday	July 10	6:00p.m. – 9:00p.m.
No. of classes: 1	Fee: \$63	
Instructor: Stacked Adventures		Grand St. Marina

## Father's Day Kayaking Tour

Treat your dad to a memorable adventure that can be shared together. Paddle out to Jack London Square, touring the Oakland Estuary and the nearby marinas using safe double seat kayaks. See a variety of marine life, scenic views and enjoy a short break for a snack before returning home.

Age: 12+	Class # 16955	
Sunday	June 19	9:00a.m. – 12:00p.m.
No. of classes: 1	Fee: \$63	
Instructor: Stacked Adventures		Grand St. Marina

## Birder's Kayaking Tour

This class is a birder's delight! We will paddle past the USS Hornet and other Navy reserve vessels, while making our way out to the outer rock wall where thousands of Brown Pelicans migrate each year. We are sure to see many birds, sea lions, and more! Bring your camera; the sights are incredible and the views are spectacular.

Age: 12+	Class # 16956	
Sunday	June 12	9:00a.m. – 12:00p.m.
No. of classes: 1	Fee: \$63	
Instructor: Stacked Adventures		Encinal Boat Ramp



## SPECIAL NEEDS SERVICES

### Friends Connect

**NEW**

Friends Connect is an activity based social club for high functioning tweens and teens in grades 6 - 12 with moderate developmental disabilities and moderate social challenges. The group provides participants with the opportunity to socialize, build friendships, explore the larger community and most importantly... have fun! Friends Connect meets at the Underground Teen Center (2203 Central Ave.) to engage in activities such as arts and crafts, recreational and social games, cooking and more. Participants also go on exciting local field trips for activities like bowling, miniature golf, going out to eat or to the movies, and to the arcade.

This summer, Friends Connect will spend the last meeting at a Bay Area theme park (exact park is to be determined and announced during the summer program).

Applications for Friends Connect are available in the ARPD office and online at [alamedaca.gov/recreation](http://alamedaca.gov/recreation). All applicants must fulfill program requirements to be considered for enrollment. There is a required teacher recommendation form and teen questionnaire that must accompany participant applications.

New applicants and their parent/guardian will meet with ARPD staff prior to enrollment. Returning applicants must complete an ARPD registration form only (please designate "Friends Connect" in the "Activity Title" box). This program is for Alameda residents only. Completing an application does not guarantee enrollment. Friends Connect has a limited number of spaces.

**Priority for enrollment is given to returning participants who have met attendance requirements in the previous session. Once the program is full, applicants will be added to a waiting list. Applications for summer session are due by Friday, June 3, 2016.**

For more information, please call (510) 747-7529.

Grades 6-12	Sundays
June 26, July 10, July 24	3:00 p.m. – 5:00 p.m.
August 7 (theme park field trip, location and times TBD)	
Underground Teen Center, Vet's Bldg.	
Fee: No registration fee. Participants will be responsible for cost of activities on field trips.	
Instructor: Melissa Abadia, Adapted PE Specialist and '15 – '16 San Leandro Unified Teacher of the Year	

### Leisure Club

The Leisure Club is a fun, activity based program specifically designed to meet the specialized recreational needs of person with developmental disabilities in our community. This program is geared toward individuals 18 years of age and older and meets twice a month on the second and fourth Thursday of the month from 7:00 p.m. to 9:00 p.m. For more information, call (510) 747-7543. Please note there is currently a wait list for this program.





# TENNIS - ALL AGES

## TENNIS COURTS

### Locations

<b>Krusi Tennis Courts</b>	Otis Dr. & High St
<b>Fairfield Tennis Courts</b>	740 Central Ave at 8th St. Lower Washington Park
<b>Leydecker Tennis Courts</b>	3225 Mecartney Road Bay Farm Island

## ADULT LESSONS

### Morning Lessons

#### Ages 18 & Up

Now is the time to make those changes to your strokes that will raise your game a notch. Each class includes instructor tips, drills, strategy and tactics.

<b>Fairfield Tennis Courts</b>		
<b>Monday</b>	<b>\$100 per session</b>	<b>\$20 drop in</b>
June 13 - July 25 (no class July 4th)	9:00 a.m. - 10 a.m.	Class # 16882
August 1 - September 5	9:00 a.m. - 10 a.m.	Class #16883

### Evening Lessons

#### Ages 18 & Up

Our beginner tennis program is great for adults who want to learn the fundamentals of tennis. Intermediate tennis is designed for those who understand the basics of the game but are looking to improve their skills.

<b>Fairfield Tennis Courts</b>		
<b>Tuesday &amp; Thursday</b>	<b>\$100 per session</b>	<b>\$20 drop in</b>
<b>Beginners</b>	<b>6:30 p.m. - 7:30 p.m.</b>	
<b>Intermediate</b>	<b>7:30 p.m. - 8:30 p.m.</b>	
	Beginner	Intermediate
June 14 - June 30	Class #16884	Class #16887
July 5 - July 21	Class #16885	Class #16888
July 26 - August 11	Class #16886	Class #16889

## YOUTH LESSONS

### Skyhawks Tennis Camp

#### Age: 5 - 14

Skyhawks tennis focuses on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players. Players learn proper grips, footwork, strokes, volleys and serves during a series of drills designed to teach skills in a fun and dynamic way. In addition to developing a love for tennis, athletes will learn the rules and etiquette that make tennis an exciting game to play. Due to limited court space, these programs fill quickly. Go to [www.skyhawks.com](http://www.skyhawks.com) for more detailed information and sample schedules. All participants receive a t-shirt and player evaluation. The participant-to-coach ratio is approximately 8:1. Participants should bring appropriate clothing, a lunch and snack (for programs over four hours) or two snacks (for programs four hours or less), a water bottle, running shoes, and sunscreen.

<b>Mon. - Fri</b>	<b>5-7 yrs.</b>	<b>8-14 yrs.</b>
June 20 - 24	Class # 16890	Class # 16891
July 18 - 22	Class # 16892	Class # 16893
August 8 - 12	Class # 16896	Class # 16897
9:00 a.m. - 12:00 p.m.	\$149 per session	Krusi Park Tennis Courts

### 10 and Under Tennis

#### Ages 5 - 10

This class is designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions, and modified scoring, all tailored to age and size.

<b>Krusi Tennis Courts</b>		
<b>Saturdays</b>	<b>\$100 per session</b>	<b>\$20 drop in</b>
<b>June 25 - July 30</b>		
7 - 8 year old	9:00 a.m. - 10:00 a.m.	Class# 16898
9 - 10 year old	10:00 a.m. - 11:00 a.m.	Class# 16899
5 - 6 year old (Mommy/Daddy & Me)	11:00 a.m. - 12:00 p.m.	Class# 16890
<b>August 6 - September 10</b>		
7 - 8 year old	9:00 a.m. - 10:00 a.m.	Class# 16901
9 - 10 year old	10:00 a.m. - 11:00 a.m.	Class# 16902
5 - 6 year old (Mommy/Daddy & Me)	11:00 a.m. - 12:00 p.m.	Class# 16903

## PRIVATE LESSONS

### Private and Semi Private Lessons

#### Ages 6 & Up

Alameda Recreation and Park Department tennis instructors are available for private and semi-private instruction year round. Time and location of the lessons are flexible and arranged upon request. Our instructors are experienced tennis teachers, many of whom are certified professionals. Call (510) 747-PLAY for scheduling.

<b>Private Instruction:</b>	
1 hour lesson	\$45
4 one-hour lessons	\$180
<b>Semi-Private</b> (Must have partner: price listed is for two participants)	
1 hour lesson	\$60
4 one-hour lessons	\$240

## AQUATICS

The Summer Aquatics Program consists of youth and adult swim lessons, private lessons, lap swim, tiny tot swim, and public recreational swim.

### Emma Hood Swim Center

2256 Alameda Avenue at Oak St.  
(510) 522-8107

### Encinal Swim Center

230 Central Avenue at 3rd St.  
(510) 522-4590

## RECREATIONAL SWIM

This is an open swim program designed for recreational swimmers of all ages and abilities. Children under 7 and those under 50 inches tall must be accompanied in the water by someone who possesses a level 4 swim card and/or is 13 years of age. Participants over 18 years of age can have two children in the water simultaneously. Children under 7 may not be left unattended at any time. Drop in cards available at the ARPD office and both swim centers. Please note that swim hours may be reduced due to low attendance or poor weather.

### Encinal Swim Center

June 24 – August 5	Fridays	1:30 p.m. – 4:00 p.m.
Youth (17 and under) or Senior (50+)	\$3 Res/\$4 Non-Res/ 10 visit pass \$27	
Adult	\$5 Res/ \$6 Non-Res/ 10 visit pass \$45	



## ADULT SWIM

### Lap Swim

Swim at your own pace or use one of our sample swim workouts. Workouts for beginner through advanced levels will be available. Kick boards provided. Discount rate drop-in cards are available at the ARPD office and both swim centers. Must be at least 16 years old.

### Emma Hood Swim Center

June 20 – Aug 11 (closed July 4th)	Monday – Thursday	7:30 p.m. – 8:30 p.m.
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### Encinal Swim Center

June 20 – Aug 11 (closed July 4th)	Monday – Thursday	1:30 p.m. – 2:30 p.m.
June 25 – July 30	Saturdays	9:15 a.m. – 10:15 a.m.

**Adults (16 – 49)** \$5 Res/ \$6 Non-Res/10-Visit Pass \$45

**Seniors (50+)** \$3 Res/ \$4 Non-Res /10-Visit Pass \$27

### Adult Swim Lessons

Whether you are a first time swimmer or looking to refine your swim strokes, this is the class for you. Swimmer will receive a 10 lesson punch card at the first class. Must be at least 16 years old.

### Emma Hood Swim Center

### Class # 16908

June 20 – Aug 11 (closed July 4th)	Monday - Thursday
7:45 p.m. – 8:30 p.m.	\$100 for 10 classes



## YOUTH SWIM

### Youth Swim Lessons Sessions

All Youth Swim Lessons are at Encinal Swim Center, 230 Central Ave

<b>Session 1</b>	June 20 – July 7 (11 lessons, no July 4th)
<b>Session 2</b>	July 11 – July 28 (12 lessons)
<b>Session 3</b>	Aug 1 – Aug 11 (8 lessons)
<b>Saturdays</b>	June 25 – July 30 (6 lessons)

### Special Needs Swim Lessons

**Age: 6 – Adult**

A swim class for those with special needs. No more than 2 students per instructor. Instructors will work on skills based on the students' capabilities, basic skills through stroke development and lap swim.

Monday – Thursday 12:30 p.m. – 1:15 pm			
Session 1	Class # 16909	\$138 Res/	\$153 Non-Res
Session 2	Class # 16910	\$150 Res/	\$167 Non-Res
Session 3	Class # 16911	\$100 Res/	\$112 Non-Res

#### Special Needs Swim Tutor Private Lessons

<b>Saturdays</b>	12:45 p.m. – 1:15 p.m.
June 25 – July 30	Class # 16940 \$153 Res/\$177 Non-Res

### Tiny Tot / Parent Swim Lessons

**12 months – 4 years**

A great way to get your young child familiarized with the pool and prepare them for future swim lessons. Parent or guardian at least 16 years of age must accompany each child in the pool. Swim diapers required for children who are not potty trained. Discount rate drop in cards are available at the ARPD office and both swim centers.

Monday – Thursday 1:30 p.m. – 2:00 p.m.	
Session 1 – 3	June 20 – Aug 11 (closed July 4th)
\$10 drop in for parent/guardian and child/10-Visit Pass \$80	

### Tutor Private Swim Lessons

**Age: 3 - 15**



Monday - Thursday 10:45 a.m. – 11:15 a.m.		
Session 1	Class # 16913	\$281 Res/\$325 Non-Res
Session 2	Class # 16914	\$306 Res/\$354 Non-Res
Session 3	Class# 16915	\$204 Res/\$236 Non-Res

Saturdays 12:00 p.m. – 12:30 p.m.		
June 25 – July 30	Class # 16939	\$153 Res/\$177 Non-Res

### Youth Swim Lessons

**Age: 3 – 15**

All swim classes follow the American Red Cross Level system. Visit [www.redcross.org](http://www.redcross.org) for level requirements. Each student will be tested by staff and placed in classes according to Red Cross standards.

**Session dates are listed on the left.**



#### Monday - Thursday Fees

##### 3-5 years old Group Lessons

Session 1	\$75 resident / \$86 non-resident
Session 2	\$81 resident / \$93 non-resident
Session 3	\$54 resident / \$62 non-resident

##### 6 – 15 years old Group Lessons

Session 1	\$112 resident / \$128 non-resident
Session 2	\$122 resident / \$140 non-resident
Session 3	\$81 resident / \$93 non-resident

#### Monday - Thursday Times

<b>3-5 years</b>	10:00 a.m. – 10:30 a.m.	Session 1	16916
		Session 2	16917
		Session 3	16918
<b>6 – 15 years</b>	11:30 a.m. – 12:15 p.m.	Session 1	16925
		Session 2	16926
		Session 3	16927
<b>3-5 years</b>	3:45 p.m. – 4:15 p.m.	Session 1	16919
		Session 2	16920
		Session 3	16921
<b>6 – 15 years</b>	2:45 p.m. – 3:30p.m.	Session 1	16928
		Session 2	16929
		Session 3	16930
<b>3-5 years</b>	5:30 p.m. – 6:00 p.m.	Session 1	16922
		Session 2	16923
		Session 3	16924
<b>6 – 15 years</b>	4:30 p.m. – 5:15 p.m.	Session 1	16931
		Session 2	16932
		Session 3	16933
<b>6 – 15 years</b>	6:15 p.m. – 7:00 p.m.	Session 1	16934
		Session 2	16935
		Session 3	16936

#### Saturday Swim Lessons

June 25 – July 30	6 lessons	
<b>3-5 years old Group Lessons</b>		
11:30 a.m. -12:00 p.m.	Class # 16938	\$41 Res/\$47 Non-Res
<b>6 – 15 year old Group Lessons</b>		
10:30 – 11:15 a.m.	Class # 16937	\$61 Res/\$70 Non-Res



## ENRICHMENT

### Bradley Method of Natural Childbirth

Class teaches families about natural childbirth, staying healthy and low risk. Each class covers a specific topic in detail along with covering exercise, nutrition, positive communication and coaching. Relaxation and labor rehearsals are done as well. Coach perspective and support to help prepare for labor is offered. Recommended to enroll between 5-6 months pregnant to ensure completion. Cost covers expecting mother and her spouse/coach and workbook.

Age: 18+	Class # 16976	
Tuesday	June 28 – Sept. 13	7:00p.m. – 9:00p.m.
No. of classes: 12	Fee: \$478	
Instructor: Danielle Pence		Veteran's Bldg., Rm. 120

### Easy Cooking with Fresh Ingredients

Eating fresh, healthy foods doesn't have to be complicated or expensive! Learn how to make quick, delicious meals from fresh, organic, unprocessed ingredients. No previous cooking skills or experience necessary.



Age: 18+	Class # 16977	
Saturday	July 23	10:00a.m. – 1:00p.m.
No. of classes: 1	Fee: \$68	
Instructor: Johanna Dehlinger		Leydecker Park

### Introduction to Taiko Drums (Beginners)

An introduction to the rhythms and movement of Japanese Taiko Drumming. Beginners start playing simple pieces at the first session. This class is fun and provides moderate aerobic exercise for everyone. There is a \$5 material fee, payable to the instructor at the first session.

Age: 10+	Class # 16978	
Tuesday	June 21 – Aug 23	6:30p.m. – 7:30p.m.
No. of classes: 10	Fee: \$103	
Instructor: Kaji Yama Taiko Group		Officers' Club, Terrace Room



### Intermediate Taiko Drums

This class teaches more complex and more physically demanding Japanese Taiko Drumming. This class provides moderate-to-vigorous aerobic exercise. It is the goal of this class to introduce the students to the full spectrum of skills needed to present a performance: we discuss drumming styles, staging, varieties of equipment, etc. There is a \$5 material fee, payable to the instructor at the first session.



Age: 10+	Class # 16979	
Tuesday	June 21 – Aug. 23	7:30p.m. – 8:30p.m.
No. of classes: 10	Fee: \$103	
Instructor: Kaji Yama Taiko Group		Officers' Club, Terrace Room

### Adult Basic Sailing Program

Students learn the basics of sailing, developing skills in boat handling, sail trim, rigging and derigging, safety rules and procedures in a supportive, safe environment. For more info, visit [www.sailalameda.org](http://www.sailalameda.org).

Age: 18+	Class # 16980	
Sat. and Sun.	July 23, 24, Aug. 6 and 7	9:00a.m. – 4:00p.m.
No. of classes: 4	Fee: \$498	
Instructor: Alameda Community Sailing Center Staff		
Alameda Community Sailing Center Base, Encinal Boat Ramp		

### 'Ukulele Teens/Adults



Strummers will be introduced to basic 'ukulele strumming and technique, as well as proper care and storage of your 'ukulele. All strummers need their own 'ukulele. You'll learn a couple of simple songs that will be presented at our Summer Showcase.

Age: 13+	Class # 16981	
Thursday	June 23 – Aug. 11	6:00p.m. – 6:45p.m.
No. of classes: 8	Fee: \$123	
Instructor: Lani Cid-Julio		Island Hawaiian Studios, 1122 Lincoln Ave.

### Hula for Men and Women Teens/Adults



Come experience one of the most popular Hawaiian Culture Arts. You will be introduced to hula basics and a simple dance, which you will present at our Summer Showcase. Please wear a t-shirt and stretch knit shorts for movement with ease.

Age: 13+	Class # 16982	
Tuesday	June 21 – Aug. 9	6:00p.m. – 6:45p.m.
No. of classes: 8	Fee: \$123	
Instructor: Lani Cid-Julio		Island Hawaiian Studios, 1122 Lincoln Ave.

# ADULTS - ENRICHMENT & FITNESS

## Tahitian Dance Basics for Men and Women

### Teens/Adults

Summer in Tahiti? Almost! Dancers will learn Tahitian dance basics as well as a simple dance that will be presented in our Summer Showcase. Women wear a t-shirt and bike shorts and a pareau/sarong. Men wear a t-shirt and loose knit stretch shorts.

Age: 13+	Class # 16983	
Thursday	June 23 – Aug. 11	8:00p.m. – 8:45p.m.
No. of classes: 8	Fee: \$123	
Instructor: Lani Cid-Julio	Island Hawaiian Studios, 1122 Lincoln Ave.	



## Tahitian Drumming for Men and Women

### Teens/Adults

Drummers will learn traditional Pehe (drum beats) that will be used to accompany our Tahitian dancers. Dancers and drummers will perform together in our Summer Showcase at the end of the session.

Age: 13+	Class # 16984	
Thursday	June 23 – Aug. 11	8:00p.m. – 8:45p.m.
No. of classes: 8	Fee: \$123	
Instructor: Lani Cid-Julio	Island Hawaiian Studios, 1122 Lincoln Ave.	



## FITNESS

### Aikido with Tom Reed

Aikido is often thought of as a soft or internal martial art. Technique, timing and efficiency rather than strength are emphasized in the movements.

Age: 18+	Class # 16964	
Mon. and Wed.	July 6 – July 27	7:30p.m. – 8:30p.m.
No. of classes: 7	Fee: \$52	
Instructor: Tom Reed	Veteran's Bldg., Rm. 390	
Age: 18+	Class # 16965	
Mon and Wed	Aug. 1 – Aug. 31	7:30p.m. – 8:30p.m.
No. of classes: 10	Fee: \$73	
Instructor: Tom Reed	Veteran's Bldg., Rm. 390	

### Gentle Yoga Stretch

Start your day with a gentle yoga workout and experience the benefits of gentle stretches and poses that energize your body. Relaxation and guided meditation centers the body and mind. Suitable for all levels. Wear loose clothing and have an empty stomach.

Age: 18+	Class # 16970	
Mon. and Wed.	June 20 – July 20 NO CLASS JULY 4	9:00a.m. – 10:00a.m.
No. of classes: 9	Fee: \$57	Seniors: \$55
Instructor: Toya Alexander	Harrison Center	
Age: 18+	Class # 16973	
Mon. and Wed.	July 25 – Aug. 24	9:00a.m. – 10:00a.m.
No. of classes: 10	Fee: \$63	Seniors: \$61
Instructor: Toya Alexander	Harrison Center	
Age: 18+	Class # 16971	
Mon. and Wed.	June 20 – July 20 NO CLASS JULY 4	10:15a.m. – 11:15a.m.
No. of classes: 9	Fee: \$57	Seniors: \$55
Instructor: Toya Alexander	Harrison Center	
Age: 18+	Class # 16972	
Mon. and Wed.	July 25 – Aug. 24	10:15a.m. – 11:15a.m.
No. of classes: 10	Fee: \$63	Seniors: \$61
Instructor: Toya Alexander	Harrison Center	

510-747-7777

Check us out at [www.alamedafree.org](http://www.alamedafree.org),  
on our Facebook page at  
[www.facebook.com/alamedafreelibrary](https://www.facebook.com/alamedafreelibrary),  
on Tumblr at [alamedafree.tumblr.com](http://alamedafree.tumblr.com),  
or on Twitter at @alamedafree.

## Yoga Body & Mind

Combine stretching, stillness, and stamina to give your body a well-rounded yoga workout. Enhance your energy, gain flexibility, increase strength, and reduce your aches and pains. Open to all levels. Wear loose clothing and have an empty stomach.

<b>Age: 18+</b>	<b>Class # 16966</b>	
Tuesday	June 21 – July 19	6:30p.m. – 7:30p.m.
No. of classes: 5	Fee: \$51	
Instructor: Toya Alexander	Harrison Center	
<b>Age: 18+</b>	<b>Class # 16968</b>	
Tuesday	July 26 – Aug. 23	6:30p.m. – 7:30p.m.
No. of classes: 5	Fee: \$51	
Instructor: Toya Alexander	Harrison Center	
<b>Age: 18+</b>	<b>Class # 16967</b>	
Tuesday	June 21 – July 19	7:40p.m. – 8:40p.m.
No. of classes: 5	Fee: \$51	
Instructor: Toya Alexander	Harrison Center	
<b>Age: 18+</b>	<b>Class # 16969</b>	
Tuesday	July 26 – Aug. 23	7:40p.m. – 8:40p.m.
No. of classes: 5	Fee: \$51	
Instructor: Toya Alexander	Harrison Center	

## Low Impact Cardio

Gently firm and stretch to experience an overall conditioning of the body. Suitable for those just starting an exercise program or desiring a lower paced-class.

<b>Age: 18+</b>	<b>Class # 16974</b>	
Tuesday and Thursday	June 21 – July 21	9:00a.m. – 10:00a.m.
No. of classes: 10	Fee: \$63	Seniors: \$61
Instructor: Toya Alexander	Harrison Center	
<b>Age: 18+</b>	<b>Class # 16975</b>	
Tuesday and Thursday	July 26 – Aug. 25	9:00a.m. – 10:00a.m.
No. of classes: 10	Fee: \$63	Seniors: \$61
Instructor: Toya Alexander	Harrison Center	



## Intro to Stand Up Paddling

Come walk on water with Mike's Paddle! Learn all the basics of stand up paddling in the calm waters of Ballena Bay. Views of San Francisco skyline, Rock Wall and Cape Mohican. After an hour of touring, we'll also show you the basics of SUP Yoga and fitness.

<b>Age: 10+</b>	<b>Class # 17096</b>	
Sunday	June 26	10:00a.m. – 1:00p.m.
No. of classes: 1	Fee: \$73	
Instructor: Mike Wang	Mike's Paddle, 1150 Ballena Blvd, Suite 121	
<b>Age: 10+</b>	<b>Class # 17097</b>	
Sunday	July 3	10:00a.m. – 1:00p.m.
No. of classes: 1	Fee: \$73	
Instructor: Mike Wang	Mike's Paddle, 1150 Ballena Blvd, Suite 121	
<b>Age: 10+</b>	<b>Class # 17098</b>	
Sunday	July 10	10:00a.m. – 1:00p.m.
No. of classes: 1	Fee: \$73	
Instructor: Mike Wang	Mike's Paddle, 1150 Ballena Blvd, Suite 121	
<b>Age: 10+</b>	<b>Class # 17099</b>	
Sunday	July 17	10:00a.m. – 1:00p.m.
No. of classes: 1	Fee: \$73	
Instructor: Mike Wang	Mike's Paddle, 1150 Ballena Blvd, Suite 121	
<b>Age: 10+</b>	<b>Class # 17100</b>	
Sunday	July 24	10:00a.m. – 1:00p.m.
No. of classes: 1	Fee: \$73	
Instructor: Mike Wang	Mike's Paddle, 1150 Ballena Blvd, Suite 121	
<b>Age: 10+</b>	<b>Class # 17101</b>	
Sunday	July 31	10:00a.m. – 1:00p.m.
No. of classes: 1	Fee: \$73	
Instructor: Mike Wang	Mike's Paddle, 1150 Ballena Blvd, Suite 121	
<b>Age: 10+</b>	<b>Class # 17102</b>	
Sunday	Aug. 7	10:00a.m. – 1:00p.m.
No. of classes: 1	Fee: \$73	
Instructor: Mike Wang	Mike's Paddle, 1150 Ballena Blvd, Suite 121	
<b>Age: 10+</b>	<b>Class # 17103</b>	
Sunday	Aug. 14	10:00a.m. – 1:00p.m.
No. of classes: 1	Fee: \$73	
Instructor: Mike Wang	Mike's Paddle, 1150 Ballena Blvd, Suite 121	
<b>Age: 10+</b>	<b>Class # 17104</b>	
Sunday	Aug. 21	10:00a.m. – 1:00p.m.
No. of classes: 1	Fee: \$73	
Instructor: Mike Wang	Mike's Paddle, 1150 Ballena Blvd, Suite 121	

## Parks Hotline 510-747-7542

Call to report a maintenance issue or call on weekends to talk to ARPD Park Monitors for any park-related concern



## SPORTS

**For all Adult Sports Leagues**  
Participants must be a minimum of 18 years old and out of high school. All team applications are available at the ARPD website or at our office.

### Adult Softball Summer/Fall League

Coed and Men's Softball D leagues

<b>Men's Class # 16834</b>	Six team league \$715 resident/\$765 non-resident.
<b>Coed Class # 16833</b>	Six team league \$650 resident/\$700 non-resident.
All team applications and fees due July 11.	
Starts week of August 15	Leagues play evenings Monday - Friday 6:30 p.m., 7:40 p.m., & 8:50 p.m.
10 game season plus playoffs	
Field Locations: Leydecker Park, Arnerich Field at Upper Washington Park, and Toby Chavez Field at Lower Washington Park	

### Volleyball

ARPD partners with VBmatch.com to host volleyball leagues and tournaments for community members. The League offers a high level of competition for players who previously competed at the high school varsity level or higher. We also host single-day volleyball tournaments on weekends. Volleyball activities are fun, social and competitive. We hope to see you on the court soon!

<b>Mondays</b>	<b>6:00 p.m. - 10:00 p.m.</b>
Alameda Point Gym, 1101 West Redline Ave	
For league start dates, fees and information on specific events, please visit <a href="http://vbmatch.com">http://vbmatch.com</a>	



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Alameda Recreation and Park Department

[www.ed2go.com/arpd](http://www.ed2go.com/arpd)

#### Introduction to Microsoft Excel

Discover the secrets to setting up fully formatted worksheets quickly and efficiently.

#### Intermediate Microsoft Excel

Master advanced features of Microsoft Excel 2007, including charting and PivotTables, and discover how this powerful MS Office program can boost your productivity.

#### Grammar Refresher

Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

#### Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

#### A to Z Grantwriting

Learn how to research and develop relationships with potential funding sources, organize grantwriting campaigns, and prepare proposals.

#### Medical Terminology: A Word Association Approach

Prepare for a career in the health services industry by learning medical terminology in a memorable and enjoyable fashion.

#### Introduction to QuickBooks

Learn how to quickly and efficiently gain control over the financial aspects of your business.

#### Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

#### Explore a Career in Medical Coding

Learn how to use the CPT manual and the ICD-9-CM to find medical codes for any disease, condition, treatment, or surgical procedure.

#### Intermediate Microsoft Excel

Master advanced features of Microsoft Excel 2007, including charting and PivotTables, and discover how this powerful MS Office program can boost your productivity.

#### Beginning Writer's Workshop

Get a taste of the writer's life and improve your writing skills in this introduction to writing creatively.

#### Introduction to SQL

Gain a solid working knowledge of the most powerful and widely used database programming language.

#### Human Anatomy and Physiology

Gain a greater appreciation and understanding of the marvelous complexity of the human body.

#### Introduction to CSS and XHTML

Learn to create state-of-the-art Web sites using modern CSS and XHTML techniques.

#### Speed Spanish

Learn six easy recipes to glue Spanish words together into sentences, and you'll be speaking Spanish in no time.

# CENTER & PROGRAMS - ADULTS 50+ / SENIORS

## MASTICK SENIOR CENTER

### Programs and services for adults age 50 and older

<b>Location</b>	1155 Santa Clara Ave, Alameda, CA
<b>Phone</b>	(510) 747-7500
<b>Website</b>	www.mastickcenter.com
<b>Weekday Program Hours</b>	8:30 a.m. to 4:00 p.m.
<b>Weekday Office Hours</b>	9:00 a.m. to 3:00 p.m.
<b>Saturday (Bingo &amp; Thrift Shop)</b>	10:00 a.m. to 2:30 p.m.
<b>Staff</b>	
Jackie Krause Recreation Manager	jkrause@alamedca.gov (510) 747-7510
Ed Kallas Recreation Services Specialist	ekallas@alamedaca.gov (510) 747-7511
Donatella Zepplin Senior Services Specialist	dzeppelin@alamedaca.gov (510) 747-7513
<b>Mastick Office</b>	(510) 747-7506
<b>Suggestion Box</b>	masticksuggestion@alamedaca.gov

## MSCAB PROGRAMS

### MASTICK SENIOR CENTER ADVISORY BOARD (MSCAB)

#### MSCAB Monthly Meetings

- The MSCAB meets on the third Wednesday of the month at 9:30 a.m. in Room D.
- All are welcome!

#### Mastick Bingo Program

- Mastick Social Hall
- Saturdays: 11:30 a.m. - 2:30 p.m. (Doors Open: 9:30 a.m.)
- Eligibility: 18+
- Proceeds support Mastick Senior Center programs.

#### Mastick Thrift Shop

- Tuesdays & Saturdays: 10:00 a.m. - 2:00 p.m.
- Open to the public.
- Proceeds support Mastick Senior Center programs.
- Donations accepted, call 747-7506 for details.

#### MSCAB Scholarship Program

- The MSCAB provides assistance four times per year to members to help offset the cost of Mastick programs and trips.
- Scholarships fund 50% of the program cost not to exceed \$50.
- To apply, visit the Mastick Office. Application must be submitted at time of registration.

### New Member Orientation

The New Member Orientation is a MUST and offers a guided-tour to introduce you to the Center, an information packet outlining the various programs and services and a coupon for a complimentary lunch!

**Join us on April 21, May 12, June 9, July 14, August 11, or September 15, at 10:30 a.m. in the Media Room. Registration required, please call 747-7506.**

## FOOD PROGRAMS

### Lunch Served DAILY

- Monday – Friday: 12:00 (Dining room opens 11:15 a.m.)
- Reservations required.
- Eligibility Requirement: 60+
- \$3.75 Donation

### Brown Bag Program

- Thursdays (1st & 3rd): 9:00 a.m.
- Eligibility Requirements: 60 & older/Income limits



Programs are offered at Mastick Senior Center unless otherwise specified.

# SENIORS/ADULTS 50+ - SERVICES & FITNESS

## SPECIAL SERVICES

### Services to Support Everyday Living

Include: Blood Pressure Screening, Case Management, Dental and Podiatry Consultation, Legal Services, Health Insurance Counseling, Support Groups, Notary Services, Income Tax Preparation, and much more. Visit the Mastick Office for a complete list of services.

### Senior Connections

Senior Connections is a collaboration between Mastick Senior Center and Alameda Family Services to provide case management assistance for Alameda seniors needing help with health insurance, housing needs, in-home support services, food resources and so much MORE! The Case Manager is available on Tuesdays and Thursdays by appointment. To schedule an appointment, please call 747-7506.

### AARP Smart Driver Course

This course is designed for those individuals age 50 and older. Register and pay in the Mastick Office at least one day prior to class. Cost: \$15 AARP members or \$20 non-members (payable by check ONLY).

**The standard course** is offered in two, four-hour sessions over a two-day period from 9:00 a.m. - 1:00 p.m. on the following dates: **Wednesdays, July 6 & 13**

**The refresher course** is offered in one, four and a half-hour session from 9:00 a.m. - 1:30 p.m. and is available to individuals that have taken the standard course within the last four years. The refresher course is offered on a Wednesday on the following dates: **May 4, June 1, August 3, and September 7**

### Alzheimer's Caregiver Support Group

The Alzheimer's Caregiver Support Group meets from 10:00 a.m. - 11:30 a.m. in Room D on the second and fourth Thursdays of the month. This group is for individuals caring for a loved-one with Alzheimer's Disease or dementia. The group is facilitated by the Alzheimer's Association.

### Need a Quiet Space to Meet?

Mastick Senior Center has many nooks and crannies that can be used as meeting spaces. If you need to meet with a contractor or interview a caregiver and don't want to meet at your home, please take advantage of the comfortable, friendly atmosphere provided here at Mastick Senior Center. To reserve a meeting space, please call 747-7506.



## FITNESS CLASSES

### Fitness Class

<b>Mondays</b>	<b>Class #16752</b>	<b>\$45</b>
May 9 – August 22*	9:00 a.m. - 10:30 a.m.	
<b>Wednesdays</b>	<b>Class #16757</b>	<b>\$45</b>
May 11 – August 17	9:00 a.m. - 10:30 a.m.	
<b>Fridays</b>	<b>Class #16753</b>	<b>\$45</b>
May 13 – August 19	9:00 a.m. - 10:30 a.m.	
<b>Mondays/Wednesdays</b>	<b>Class #16755</b>	<b>\$60</b>
May 9 – August 22*	9:00 a.m. - 10:30 a.m.	
<b>Mondays/Fridays</b>	<b>Class #16754</b>	<b>\$60</b>
May 9 – August 22*	9:00 a.m. - 10:30 a.m.	
<b>Wednesdays/Fridays</b>	<b>Class #16756</b>	<b>\$60</b>
May 11 – August 19	9:00 a.m. - 10:30 a.m.	
<b>Mon/Wed/Fri</b>	<b>Class #16758</b>	<b>\$90</b>
May 9 – August 22*	9:00 a.m. - 10:30 a.m.	
*No Class Meeting: 5/30		

### Alexander Technique

Learn how to improve your balance and ultimately increase your stability and mobility. Appropriate for beginners and advance students.

<b>June 21 - June 23</b>	<b>Class #17012</b>
10:45 a.m. – 11:45 a.m.	\$30/three-day workshop

### Pickleball

Wednesdays	6:00 p.m. – 7:30 p.m.
Lincoln Park, 1450 High Street	\$18
<b>March 30 – May 4</b>	<b>Class #16663</b>
<b>May 11 – June 15</b>	<b>Class #16759</b>
<b>June 22 – July 27</b>	<b>Class #16760</b>

### Pilates

<b>Wednesdays</b>	10:45 a.m. – 11:45 a.m.	\$5 per class
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### Pole Walking

Tuesday	12:30 p.m. - 3:30 p.m.	\$28 new students \$15 returning student
<b>June 28</b>	<b>Class #16852</b>	
<b>August 23</b>	<b>Class #16858</b>	

Programs are offered at Mastick Senior Center unless otherwise specified.



# FITNESS & DANCE - ADULTS 50+/SENIORS

## Tai Chi

Tai Chi 24 Steps		
Thursdays	\$4 per class	
Beginning	9:15 a.m. - 10:15 a.m.	
Intermediate Class	10:30 a.m. – 11:30 a.m.	
Tai Chi-ercise		
Tuesdays	10:00 a.m. – 11:00 a.m.	\$4 per class

## Yoga

Tuesdays	10:30 a.m. - 12:00	
June 21 - July 26	Class #16859	\$42
August 2 - September 6	Class #16860	\$42
Wednesdays	9:00 a.m. to 10:30 a.m.	
June 22 - July 27	Class #16861	\$42
August 3 - September 7	Class #16862	\$42



**City of Alameda Paratransit**

*Transportation for Seniors and People With Disabilities*

**We offer the following services:**

- Alameda Shuttle – free and open to the public!
- Taxi ride discounts\*
- East Bay Paratransit ticket sales
- Group trips – from Mastick Senior Center to various Bay Area locations
- Scholarship program\*
- Transportation assistance

\*Restrictions apply

**Mastick Senior Center**  
1155 Santa Clara Avenue  
Alameda, CA 94501  
Ph: (510) 747-7513

**ALAMEDA**  
County Transportation Commission

[www.AlamedaParatransit.com](http://www.AlamedaParatransit.com)

## DANCE CLASSES

### Ballroom Dance

<b>Wednesdays</b>	1:00 p.m. – 2:00 p.m.	\$4 per class
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### Egyptian Folklore Dance (FREE)

<b>Fridays</b>	9:00 a.m. – 10:30 a.m.	<b>Free</b>
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### Hawaiian “Hula” Dance

<b>Mondays &amp; Fridays</b>	May 23 – July 11*	
Beginners	11:30 a.m. - 12:30 p.m.	\$30 for session
Intermediate	12:30 p.m. – 1:30 p.m.	\$5 per class
Advanced	1:30 p.m. – 3:30 p.m.	\$5 per class
*No Class Meeting: 5/30		

### Line Dance

<b>Wednesdays &amp; Thursdays</b>	\$3 per class
Beginning	12:00 – 1:00 p.m.
Introduction to Advanced	1:00 p.m. – 1:30 p.m.
Advanced	1:30 p.m. – 2:30 p.m.

### Oriental Dance (FREE)

<b>Mondays</b>	9:00 a.m. – 11:00 a.m.	<b>Free</b>
No Class Meeting: 5/30		

### Square Dance (All Welcome!)

<b>Tuesdays</b>	1:00 p.m. – 3:00 p.m.	\$2 Donation
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### “Silver Foxes and White Knights” Spring Dance

**Thursday, June 9**  
**Mastick Social Hall**  
**1:00 p.m. - 3:30 p.m.**  
**\$2 per person**  
 Enjoy DJ-led dancing,  
 “Best Silver Outfit” contest,  
 socialization, and  
 refreshments!



Programs are offered at Mastick Senior Center unless otherwise specified.

# SENIORS/ADULTS 50+ - LANGUAGES & ARTS

## LANGUAGE INSTRUCTION

### American Sign Language (ASL)

<b>Mondays</b>	<b>\$25 per session</b>	
<b>Beginning</b>		
May 2 - June 27*	Class #16514	12:15 p.m. - 1:15 p.m.
July 11 - August 29	Class #16742	12:15 p.m. - 1:15 p.m.
<b>Advanced</b>		
May 2 - June 27*	Class #16519	1:15 p.m. - 2:15 p.m.
July 11 - August 29	Class #16743	1:15 p.m. - 2:15 p.m.
<b>Continuing</b>		
May 2 - June 27*	Class #17086	2:15 p.m. - 3:15 p.m.
July 11 - August 29	Class #16744	2:15 p.m. - 3:15 p.m.
*No Class Meeting: 5/30		

### English as a Second Language (ESL)

<b>Tuesdays</b>	<b>10:00 a.m. - 12:00</b>	<b>\$20 per session</b>
May 17 - June 28	Class #16679	
July 19 - September 6	Class #16745	

### More Languages

<b>French Conversation (FREE)</b>		
Literary Discussion	Fridays	9:00 a.m. - 10:00 a.m.
Elementary French	Fridays	10:00 a.m. - 11:00 a.m.
<b>German Conversation (FREE)</b>		
Fridays		10:00 a.m. - 11:30 a.m.
<b>Italian Conversation (FREE)</b>		
Fridays		10:00 a.m. - 12:00

### Multi-Media Art Exhibit

Join us in the Mastick Lobby on  
**Wednesday, August 24, at 10:30 a.m.**  
**for our artists' reception.**

Artwork created by Mastick members participating in the Center's art classes (e.g., stained glass, creative writing, painting and drawing, ceramics, quilting, and more) will be on display. Free refreshments served.

### Portraits by Joe Woodard

Joe Woodard, Volunteer, is available by appointment on the **third Monday of the month** to take your photograph, thus creating beautiful portraits. To make an appointment, contact the Mastick Office at 747-7506.

## ARTS AND CRAFTS

### Creative Writing

<b>Tuesdays</b>	10:00 a.m. - 1:00 p.m.	\$80 per month
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### Ceramics Class

<b>Beginning</b>		
Thursdays	9:30 a.m. - 12:00	
July 14 - September 15	Class #16864	\$111*
<b>Intermediate</b>		
Thursdays	12:30 p.m. - 3:00 p.m.	
July 14 - September 15	Class #16866	\$111*
* \$30 supply fee paid to instructor on first day of class.		
<b>Lab (for enrolled students)</b>		
Tuesday	10:00 a.m. - 2:00 p.m.	

### Drawing & Painting

<b>Mondays</b>	<b>12:30 p.m. - 3:30 p.m.</b>	
April 11 - June 13*	#16483	\$70
June 27 - August 29	Class #16730	\$70
<b>Fridays</b>	<b>9:30 a.m. - 12:30 p.m.</b>	
April 15 - June 10*	Class #16484	\$70
July 1 - August 26	Class #16731	\$70
<b>Lab (for enrolled students)</b>		
Friday	1:00 p.m. - 3:30 p.m.	
No Class Meeting: 5/30 and 7/4		

### Floral Design for Everyone

Harvest your garden and visit your local market to decorate your home with seasonal blooms and foliage. Learn how to make bouquets for friends and special occasions.

<b>Thursdays</b>	<b>12:30 p.m. - 2:00 p.m.</b>	<b>\$55*</b>
June 2 & June 9	Class #16856	Room E
Instructor: Susan Bell, Professional Florist & Wedding Specialist.		
* \$40 supply fee due to teacher first class.		



Programs are offered at Mastick Senior Center unless otherwise specified.

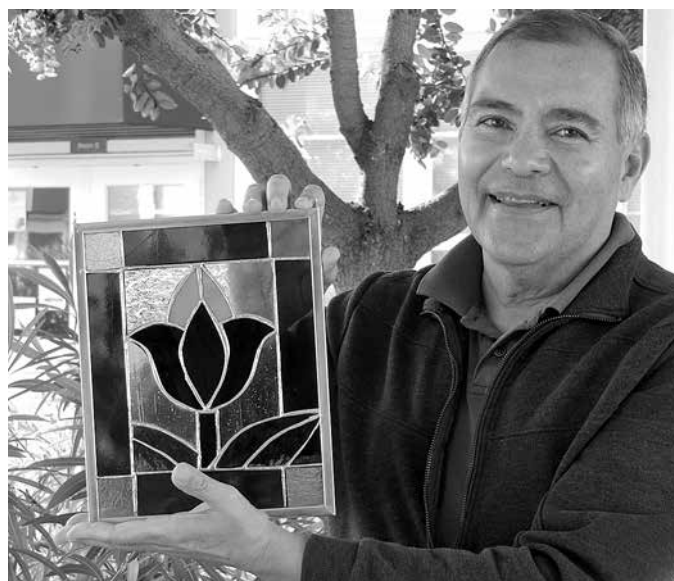
# ARTS & TRAVEL - ADULTS 50+/SENIORS

## Knitting/Crocheting, Needlecraft & Sewing

Knitting/Crocheting		
Tuesdays	1:00 p.m. – 3:00 p.m.	
Materials/Supplies provided by participant.		
Needlecraft		
Tuesdays	9:00 a.m. – 12:00	
Materials/Supplies provided by participant.		
Quilting		
Lab Friday	9:00 a.m. – 3:30 p.m.	
Materials/Supplies provided by participant.		
Sewing		
Wednesdays	10:00 a.m.—2:00 p.m.	\$5 per class

## Stained Glass Workshop

<b>Mondays</b>	9:00 a.m. – 12:00	\$4 per person per class*
<b>Wednesdays</b>	12:30 p.m. – 3:30 p.m.	\$4 per person per class*
*First Project Fee: \$25; Monthly Supply Fee: \$10		
Lab (for enrolled students)		
Wednesdays	9:00 a.m. – 12:00	



## Travel Presentation by Collette Travel

On June 7, at 10:00 a.m.

in the Mastick Media Room,

a representative from Collette will be presenting a slide show on Sunny Portugal, Southern Charm and more!

## TRAVEL OPPORTUNITIES

Enjoy the natural beauty, cultural diversity, and award winning entertainment that Northern California offers by participating in the Mastick Senior Center Monthly Day Trip Program. We make traveling simple for you!! Just sit back and relax while we transport you on a climate controlled tour bus. Do you have a question? Want to suggest a destination? If so, contact Ed Kallas, Recreation Services Specialist, at 747-7511 or email ekallas@alamedaca.gov.



## Monthly Day Trip Program

Fliers outlining trip particulars are available in the Mastick Lobby.

### Santa Cruz: Beach Boardwalk & Historic Train Ride

June 7	Class #16873	7:30 a.m. – 5:30 p.m.	\$60
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### San Jose Museum of Quilts & Textiles + Santana Row

July 14	Class #16872	8:00 a.m. – 4:00 p.m.	\$55
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### Sacramento River Cats Baseball Game + Lunch

August 2	Class #16879	9:15 a.m. – 4:00 p.m.	\$39
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### Filoli Gardens + Lunch

September 13	Class #16878	8:45 a.m. – 3:30 p.m.	\$60
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## Extended Travel Program

To register for one of the trips listed below, contact Ed Kallas, Recreations Services Specialist, at 747-7511 or ekallas@alamedaca.gov.

### British Landscapes October 13 - 22, 2016

Cost: \$4,129 (Double); \$4,829 (Single); \$4,099 (Triple)

Highlights: London, Cambridge, York, Edinburgh Castle, Lake District, North Wales, Stonehenge and more!

### Sunny Portugal March 17 - 26, 2017

Cost: \$3,399 (Double); \$3799 (Single); \$3369 (Triple)

Enjoy miles of dramatic shoreline, the beautiful resort town, Cascais, and the medieval walled city with Roman ruins Evora. Travel to the "Silver Coast," dotted with charming villages and castles. Enjoy a sense of country life with an overnight stay in the heart of Alentejo's farms and vineyards. Explore Algarve's soft sandy beaches and classic fishing villages.

### Southern Charm April 30 - May 6, 2017

Cost: \$2999 (Double); \$3799 (Single); \$2969 (Triple)

Two nights at the exclusive Jekyll Island Club, once described as "the richest, most exclusive club in the world." Explore one of America's oldest plantations, Boone Hall. Explore the history of Savannah and Antebellum Charleston. Visit the oldest city in the United States, St. Augustine, Florida, and enjoy an enchanting trolley tour through its vibrant Old Spanish Quarter.

Programs are offered at Mastick Senior Center unless otherwise specified.



# SENIORS/ADULTS 50+ - EVENING & COMPUTER

## MASTICK EVENING HOURS

### Mastick Senior Center Evening Hours

**Wednesdays June 22 - August 31**

**5:30 p.m. to 8:30 p.m.**

Enjoy the activities below in a relaxed environment! Use computers, play billiards or just hang out. The flier highlighting the various activities will be available in the Mastick Lobby in May. Preregister in the Mastick Office or call 747-7506. For questions regarding the Wednesday Evening Programs refer to the flier or contact Ed Kallas, Recreation Services Specialist, at 747-7511 or email [ekallas@alamedaca.gov](mailto:ekallas@alamedaca.gov).

## Wednesday Evening Programs

### Wednesday Evening Movie Schedule

- Enjoy watching a movie in the Media Room
- 6:00 p.m. every Wednesday (through August 31)

### AARP Smart Driver Refresher Course

- This class is for individuals that have taken the standard course within the last four years and needing to renew their certificate.
- Registration and payment required prior to class.
- Wednesday, August 17, 5:00 p.m. – 9:30 p.m.
- Room D
- Cost: \$15 AARP members/\$20 non-members (Checks only)

### Bicycle Maintenance & Safety Clinic (FREE)

- Westside Joe's Bike Shop comes to Mastick for an informative and fun night of "hands on" instruction and discussion in Dining Room 2.
- August 3, 6:30 p.m. - 8:30 p.m.

### Computer & Software Technology Workshops

- In order: All about Apps; Instagram and What's App; Facebook and Twitter; Meet Windows 10; A Better Browser; Surfing Security; Smart Technology or Dumb Idea? Photo Tips and Tricks. T-shirt Transfers.
- Wednesdays, July 6 - August 31, 6:00 p.m. – 8:00 p.m.
- Room C
- \$10 per class
- Instructor: Patricia Meier

### Line Dance (Beginning)

- June 22 – August 31, 6:00 p.m.-7:30 p.m.
- Social Hall
- \$3 per class

### Pickleball Lincoln Park (1450 High Street)

- June 22 – July 27, 5:30 p.m. - 6:30 p.m.
- Class #16760
- Cost \$18

**510-747-7777**

Check us out at [www.alamedafree.org](http://www.alamedafree.org),  
on our Facebook page at  
[www.facebook.com/alamedafreelibrary](http://www.facebook.com/alamedafreelibrary),  
on Tumblr at [alamedafree.tumblr.com](http://alamedafree.tumblr.com),  
or on Twitter at [@alamedafree](https://twitter.com/alamedafree).

### Traveler's Tales (FREE)

- Join Naturalist James Frank for an armchair travel-talk series. Ranger James will share memorable experiences from abroad and stateside with engaging imagery, activities and stories.
- Dining Room 2
- Galapagos: June 29, 6:00 p.m.
- Baja Mexico: July 13, 6:00 p.m.
- National Parks: July 27, 6:00 p.m.

### Travel Your Way! (FREE)

- Susan Driscoll, tour manager, will provide insights into traveling on your own and/or with a group; which company would be the best match for you; and how to build groups so that you can go for free. Learn effective travel budgeting.
- August 10, 6:00 p.m. – 7:15 p.m.
- Dining Room 2

## MASTICK'S HOT TOPICS

Hot Topics feature relevant topics of interest. A sampling of upcoming topics are outlined below. To learn more about Mastick programs refer to our monthly newsletter, Mastick Bee, which is available online at [www.mastickcenter.com](http://www.mastickcenter.com). Preregistration is required for ALL programs listed below. To preregister, visit the Mastick Office or call 747-7506.

## April 2016

### Health Care and your Retirement – FREE

- Tuesday, April 12, 1:00 p.m. - 2:00 p.m., Room D
- Join Guy Ben Ari, Edward Jones Financial Planner, to learn about the increasing cost of health care, examine Medicare coverage and traditional medical expenses, long-term medical care and strategies for addressing uncovered expenses.

### Climate Literacy Workshop – FREE

- Tuesday, April 19, 1:00 p.m. in Room D
- The Education Committee of the Sunflower Alliance believes that all people have a right to understand the basic climate issues facing us as a global community. Their workshops are organized to promote this understanding of essential concepts in a way that is interactive and supportive. Large visual aids and small group discussion are used to encourage dialogue among the attending participants. Materials were developed in conjunction with climate scientists and workshops are facilitated by experienced educators.

### Outlook and Opportunities

- Thursday, April 21, 1:00 p.m. - 2:00 p.m., Room E
- Join Guy Ben Ari, Edward Jones Financial Planner, for a fascinating class on the choppiness and volatility of the markets. Whether you've sailed during the recent market crests and troughs, or remained ashore, there are actions you can take now to help better position you to pursue your financial goals. Class discussion will include the economy and our outlook, inflation and interest rates, the opportunities and risks of international investing and today's domestic stock market.

## May 2016

### Drumming Circle @ Mastick! – FREE

- Thursday, May 12, 2:30 p.m., Room A
- Improve circulation, loosen stiff joints, and stimulate the mind while having a fun musical experience with the Mercy Retirement Community Drumming Circle.

**Programs are offered at Mastick Senior Center unless otherwise specified.**

# HOT TOPICS - ADULTS 50+/SENIORS

## Adult Day Program Overview - FREE

- Tuesday, May 17, at 1:00 p.m., Room D
- Day Break Adult Care representatives will provide information about the benefits of Adult Day programs. Adult Day programs offer health services, engaging activities, and social interaction in a safe and welcoming setting for adults needing assistance and supervision.

## The Last Gift Box -

### A Present for Those Who Follow Me - FREE

- Thursday, May 19, 1:00 p.m., Dining Room 2
- Tina Cole Kreitz, Alameda resident, daughter, wife, mother, sister, artist, teacher, and friend has written "The Last Gift Box" a "to do" book for individuals to plan and organize their exit, removing the questions that arise when someone dies. Take the first step by joining Tina Kreitz and begin the process of putting your affairs in order for yourself and your loved ones. Tina Kreitz has a degree in Sociology, a Masters in Clinical Psychology, and taught at Island High School for many years.

## National Senior Health and Fitness Day - FREE

- Wed., May 25, 10:00 a.m. - 2:00 p.m., Game Room Terrace
- Representatives from various organizations will be on-site to provide resource information and offer health screenings. Hosted by Mastick Senior Center and Elders Village. Sponsored by AEC Living and AES Therapy & Fitness.

## Introduction to Stained Glass - NEW

- Tuesday, May 31, from 9:00 a.m. - 12:00, Room E
- An introduction to stained glass working with dried pressed flowers and foil technique.
- Cost: \$10 per person (supplies included).

## June 2016

### Useful Gadgets

- Tuesday, June 14, 1:00 p.m., Dining Room 2
- This informative presentation will introduce a variety of tools and gadgets that can make it easier to complete everyday tasks. Learn about can and bottle openers, cooking utensils, and much more.

### Introduction to Mosaic Art - NEW

- Tue., June 14 and Thursday, June 16, 10 a.m. - 12:00, Room E
- An introduction to mosaic art working with ceramic or glass to create a design on a rock.
- Cost: \$10 per person (supplies included).

### Alameda Development and Architecture - FREE

- From the era of Queen Victoria to the magic of Storybook 1850s to 1920s
- Meetings at Mastick Senior Center (Room E): June 21, 23, 30; July 7, 14 & 21 at 10:00 a.m.
- Walks at various locations (See flier for details): June 28; July 5, 12, 19, 26 & 28 at 10:00 a.m.
- This free class offers twelve sessions highlighting the 19th and early 20th century buildings of Alameda. Six slide shows and six walking tours will help you enjoy and distinguish amongst the various architectural styles that abound here. Taught by local author and teacher Judith Lynch, who served 10 years on the City of Alameda Historical Advisory Board.

### Transportation 101 - FREE

- Tuesday, June 28, 1:00 p.m., Room D
- Donatella Zepplin, Staff, will provide an overview of the various transportation options (East Bay Paratransit, City of Alameda taxi program, shuttle service and more) available to Alameda residents. Q & A period included.

## July 2016

### Diabetes Workshop - FREE

- Mondays, July 11, 18, 25, August 1, 8, 15, and 22, 10:00 a.m. - 12:00, Room E
- Alameda County Public Health Department will offer a seven-week workshop designed for individuals with Type 2 Diabetes or who are pre-Diabetic. Learn how to: manage your Diabetes and medication; monitor blood sugar, stress and physical activity; and foods you love while controlling your Diabetes.

### Annual Thrift Shop Fashion Show & Spring Luncheon

- Coming Soon! Watch for information in our newsletter!

### Annual Open House

- Coming soon! Watch for information in our newsletter.

## August 2016

### Drumming Circle @ Mastick! - FREE

- Thursday, August 11, 2:30 p.m., Room A
- Improve circulation, loosen stiff joints, and stimulate the mind while having a fun musical experience with the Mercy Retirement Community Drumming Circle.

### Arthritis Presentation - FREE

- Tuesday, August 16, 1:00 p.m., Dining Room 2
- This informative presentation will provide an overview on Arthritis including: treatment options, pain management, diet and exercise, and the various stages. Hosted by Mastick Senior Center and Elders Village. Sponsored by AEC Living.

## COMPUTER INSTRUCTION

Computer instruction is offered from 1:30 p.m. to 3:30 p.m. in Room C. Preregistration required (at least three days prior to class start date), by visiting [www.arpdeplay.com](http://www.arpdeplay.com) or the Mastick Office. Classes require a minimum enrollment of five students. Prerequisite: Computer Foundations Course or basic computer skills. Flash drive required.

### Amazon.com, Inc.

June 6 & 13	Mondays	\$20	Class # 16748
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### Microsoft Word

June 15, 22, 29	Wednesdays	\$30	Class # 16749
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### MS Word Layout and Graphics Features

July 11, 18, 25	Mondays	\$30	Class # 16750
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### Windows 10 Operating System

August 1, 8, 15, 22, 29	Mondays	\$50	Class # 16751
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## Teens Teaching Technology - FREE

Thursday, April 21 & May 19

4:00 p.m. - 5:00 p.m., Room C (Computer Lab)

Teens from the ARPD Underground Teen Center will be available to assist and familiarize individuals with modern technology. Participants are encouraged to bring personal devices such as Smart phones, iPads, etc.

**Pre-registration is required. Please call (510) 747-7506.**

**Programs are offered at Mastick Senior Center unless otherwise specified.**

# REGISTRATION - INFORMATION

## ENROLLMENT POLICY

The Alameda Recreation and Park Department's programs and activities are open to anyone regardless of residency. Please note that there are some resident and non-resident fees. We offer many different ways to register. Some programs may have limited registration options due to the nature of the activity requirements. Also, some programs may require proof of age for participants.

## PAYMENT INFORMATION

Most programs have an enrollment fee. The full payment for the program is due at the time of registration. No reservations/registrations are held without payment. Payments may be made with **cash, check, money order, Discover, MasterCard or VISA**. Your payment guarantees you a spot in each class of the session regardless of whether or not you attend. **We do not prorate or credit any missed classes or late registrations.**

## PROGRAM CANCELLATIONS

The Alameda Recreation and Park Department reserves the right to cancel a class if it does not meet minimum enrollment requirements. Participants enrolled in cancelled classes will either receive a full refund OR a full credit on their account to be used toward a future class or program.

## CLIENT WITHDRAWALS AND REFUNDS

- If a client requests a withdrawal and/or transfer from ANY class or program before the start date, there is an automatic \$15 administrative fee.
- The remaining funds will only be applied to your account as a credit to use for a future class or program.
- After a class begins, withdrawal and/or transfer requests are charged an automatic \$15 administrative fee and will be prorated based on the number of classes that have already passed in the session.
- Any remaining funds will be applied to your account as a credit to use for a future enrollment.
- Please note that certain programs have different refund policies. Plan accordingly.
- **THERE ARE NO REFUNDS/CREDITS/MAKE-UPS ALLOWED FOR ANY CLASSES YOU MISS.**

## REGISTRATION OPTIONS

### Register In Person

ARPD Main Office  
2226 Santa Clara Avenue  
Alameda, CA 94501  
(between Walnut and Oak Streets)



### Office Hours:

**Monday to Friday,  
8:30 a.m. to 5:30 p.m.**



### U.S. Mail—Mail completed

forms with payment to:

ARPD  
2226 Santa Clara Avenue  
Alameda, CA 94501  
OR

E-mail completed forms with  
payment (Discover, MasterCard  
or VISA) to:

[arpd@alamedaca.gov](mailto:arpd@alamedaca.gov)



### Register Online at [www.arpdeplay.com](http://www.arpdeplay.com)

Contact ARPD Staff at [arpd@alamedaca.gov](mailto:arpd@alamedaca.gov) if you have any questions setting up your online account.

We do not mail receipts if you register online. Remember to print your receipt at the end of your online session. There is a \$5 per receipt fee to reprint receipts.



### Register By Phone

during regular business hours at (510) 747-7529. We accept the following credit cards: **Discover, MasterCard or VISA**. Not all program registrations can be completed by phone.



### Register By Fax

510-523-4071 with the following credit cards: **Discover, MasterCard or VISA**. Forms without payment cannot be entered.



**For more information, check out our website at [www.alamedaca.gov/recreation](http://www.alamedaca.gov/recreation)**



# FORM - REGISTRATION



**Alameda Recreation and Park Department**  
 2226 Santa Clara Avenue, Alameda, CA 94501  
 (510) 747-PLAY • FAX (510) 523-4071 • [arpd@alamedaca.gov](mailto:arpd@alamedaca.gov)  
 Online Registration: [www.arpdplay.com](http://www.arpdplay.com) • [www.alamedaca.gov/recreation](http://www.alamedaca.gov/recreation)

## REGISTRATION FORM

CLASSES & SPORTS	SENIOR CENTER ACTIVITIES/CLASSES
<b>In Person or Mail:</b> ARPD Main Office 2226 Santa Clara Ave Alameda, CA 94501 (510) 747-7529	<b>In Person or Mail:</b> Mastick Senior Center 1155 Santa Clara Ave Alameda, CA 94501 (510) 747-7506

- Full payment is due at the time of registration. Checks payable to ARPD, Discover, MasterCard or VISA accepted.
- Withdrawals may be made by e-mail, phone or in person with a \$15 processing fee (or otherwise stated). The remainder of fee will be placed as a credit on your account to be used in the future.
- Parents/Guardians, there is a late fee of \$1 per minute per child for every minute you are late picking up your child/children from programs/classes – payable that day.

PARTICIPANT'S		BIRTHDATE	M/F	GRADE (IF ANY)	ACTIVITY TITLE	CLASS #	FEE
LAST NAME	FIRST NAME						
<b>TOTAL FEES DUE:</b>							

## MAIN CONTACT OR PARENT/GUARDIAN INFORMATION

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 Email Address \_\_\_\_\_  
 Emergency Contact Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_  
 Emergency Contact (Other Than Parent) \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_  
 Participant's Medical Information/Allergies \_\_\_\_\_

### LIABILITY WAIVER

1. Undersigned hereby releases, waives and discharges the City of Alameda, its directors, employees, agents, volunteers and independent contractors from all liability to the undersigned and/or his/her personal representatives, assignees, heirs, and next of kin for any loss or damage and any claim or demands accruing or resulting from injury to the person or property or death of the undersigned, whether or not caused by the negligence and/or property of the City of Alameda, its directors, officers, employees, agents, volunteers, and independent contractors.
2. Undersigned hereby assumes full responsibility for and risk of bodily injury, death or property damage, whether or not it is due to the negligence of the City of Alameda, its directors, employees, agents, volunteers and independent contractors or otherwise while in, upon or about the premises of the City of Alameda and/or while using the premises or facilities or equipment, including AED machines, or program transportation thereon.

**PHOTO CONSENT:** Undersigned authorizes the City of Alameda to use your (or child's/ward's) photograph in any future educational and/or community informational purposes, (including, but not limited to the website, newsletters, Activity Guide, Mastick Newsletter or social media) produced by the City of Alameda.

☐ Check here if you do not give photographic consent.

**CONSENT TO TREAT:** I hereby give my consent for the City of Alameda staff to take me (or my child/ward) to the appropriate medical services and give appropriate medical authorization in the event that I cannot be immediately contacted. It is understood that the cost thereof will be at my expense.

☐ Check here if I do not consent to treat and I request that medical or surgical services be withheld.

Undersigned has read and voluntarily signs the release and waiver of liability and indemnity agreement, and further agrees that no oral representation, statements or inducement apart from the foregoing written agreement has been made.

Signature \_\_\_\_\_ Date \_\_\_\_\_ ☐ Participant ☐ Parent/Guardian  
☐ Check (payable to ARPD) ☐ Discover / ☐ VISA / ☐ MasterCard #: \_\_\_\_\_ Exp Date \_\_\_\_\_  
 Name on Card \_\_\_\_\_ Signature \_\_\_\_\_  
 Address on Card \_\_\_\_\_

By signing, I authorize the City of Alameda to charge my credit card for the activity costs listed above.



Alameda Recreation and Park Department  
2226 Santa Clara Avenue  
Alameda, CA 94501

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**PAID**  
ALAMEDA, CA  
PERMIT NO. 7171

## RESIDENTIAL CUSTOMER



### 2016 City of Alameda Earth Day Festival

Saturday, April 23rd  
10:00 a.m. to 3:00 p.m.  
Washington Park



### ALAMEDA WALKS

1st & 2nd Saturdays  
May to August  
9:00 a.m.

Walk and Learn With Us!

2016 STARLIGHT MOVIES IN THE PARK 		
VIP PASS	VIP PASS	VIP PASS
		
YOU'RE INVITED	YOU'RE INVITED	YOU'RE INVITED
FRIDAY, JUNE 24 6:30 P.M. ALAMEDA POINT MULTIPURPOSE FIELD	FRIDAY, JULY 22 6:30 P.M. ALAMEDA POINT MULTIPURPOSE FIELD	FRIDAY, SEPTEMBER 9 6:30 P.M. LEYDECKER FIELD BAY FARM ISLAND

### Mastick Senior Center Advisory Board

1155 Santa Clara Ave  
Alameda, CA 94501  
(510) 747-7506  
[www.mastickcenter.com](http://www.mastickcenter.com)

**BINGO**

Saturdays  
11:30 a.m.  
To 2:30 p.m.  
18+ to play

### Fundraising



### THRIFT SHOP Open to the Public

Tuesdays  
and Saturdays  
10:00 a.m.  
to 2:00 p.m.